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When students come to Johns Hopkins, we see them learn and develop. When they graduate and go back into the world, we see the extraordinary happen. Because whether it's in Alaska providing care in rural villages or in Washington, DC on the bustling streets of Capitol Hill, Johns Hopkins Nurses bring innovation, compassion, and science to their communities. And they do it everywhere—in all 50 states and beyond.

In our Fall 2022 issue, we are delighted to present The United States of Nursing as a look into the impact Johns Hopkins Nurses, both past and present, have in communities across the country. With nursing as the foundation, some have become entrepreneurs, some serve in Congress, others are women's rights activists, and others still bring humor and care to neuro and cardiac pediatric patients. It's in this versatility that all nurses, from all backgrounds, educations, and experiences, get to meet people where they are and use their expertise to impact so many settings.

Also in this issue, we highlight our 10 new American Academy of Nursing fellows, the launch of our Policy Honors Program, and the connections made at Alumni Community Week, which brought together alumni, students, faculty, and staff to celebrate our commitment to nursing and the school.

Nursing is not a one-size-fits-all job; no matter where they go, nurses discover ways to use their critical thinking and relevant skills to help communities thrive. That's what the Johns Hopkins School of Nursing prepares our graduates for, and it's what makes our work meaningful.

Funh (fam

Sarah Szanton
PhD, RN, FAAN
Dean, Johns Hopkins School of Nursing
Patricia M. Davidson Professor for Health Equity & Social Justice

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THE GIFT OF A WHITE COAT **DOUBLE-DIGIT FAANS** JACOUELYN CAMPBELL'S GLOBAL REACH

Faculty Diversity Effort Named for **SON Pioneer**

AACN SALUTES CYNDA RUSHTON 12 **GURTLER SCHOLAR KELSEY SABO** FELLOWSHIP FOR VINCIYA PANDIAN





Jhpiego Midwife **Listening Tour**

ALUMNI UPDATE

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NEWS TROM SOUND HOPPING NORSE

Fifth anniversary of the White Coat Campaign; Jacquelyn Campbell among globe's top researchers; Gurtler Scholar; and more.

> MSN (Entry into Nursing) students celebrate the white coats gifted by Johns Hopkins School of Nursing donors (Page 6).

FAAN TIMES 10

POLICY HONORS PROGRAM LAUNCHES

CAMPBELL TOP GLOBAL RESEARCHER

AN EVENING WITH THE STARS



THE WILLE COAT

On these pages, MSN (Entry into Nursing) program students show off the white coats gifted by Johns Hopkins School of Nursing donors to celebrate the start of their nursing journeys.

See more white coat images and many more snapshots from the life of the school at flickr.com/photos/hopkinsnursing/albums.

The White Coat Campaign has been held during Nurses Week, May 6-12, every year since 2017 to purchase coats for incoming students enrolled in the Master's (Entry into Nursing) program for a ceremony to mark their official entry into the nursing field. Fundraising is done by the Johns Hopkins Nurses' Alumni Association.

Erika Juengst, now director of constituent engagement at the Bloomberg School of Public Health, launched the campaign while at the Johns Hopkins School of Nursing (JHSON). "In my time as alumni relations director, I had the pleasure of hearing stories of nursing alumni from every decade ranging back to the 1950s. While many things have changed over the years (a finely pressed nurses cap became a white coat), there was a unifying memory of the first time each recited the Nurse's Pledge and committed their life

to the care of others. I launched the White Coat Campaign to give alumni a tangible way of welcoming new students into the Hopkins Nurse Network, and for students to feel the support of the many generations of incredible nurses who came before."

The 2017 White Coat Campaign raised \$9,370; the 2022 campaign raised \$19,685. ■

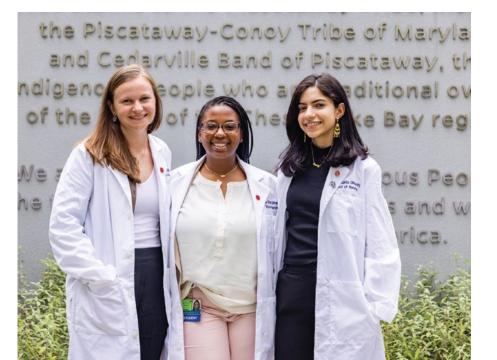
magazine.nursing.jhu.edu/white-coat.





"My white coat symbolized my introduction into the nursing profession, as well as a reminder of how far I have come and how much of my journey I still had left to go," says Gianni Montero, BS, MSN, RN, Class of 2022. "My White Coat Ceremony [Fall 2020] will forever be a special day that I will remember and hold close to my heart."











BECOME A WHITE COAT SPONSOR

The next White Coat fundraiser will be May 6-12. Scan the QR code for more info, or visit nursing.jhu.edu/wearwhite.

FAAN x 10

Ten faculty, alumni, and doctoral students from the Johns Hopkins School of Nursing (JHSON) have been selected for induction as fellows into the American Academy of Nursing. "Earning fellowship in the academy is a distinct honor and milestone," says JHSON Dean Sarah Szanton, PhD, RN, FAAN. "We are exceptionally proud of everyone from the JHSON community who will become part of the 2022 cohort."

The 2022 fellows from JHSON include:

Kelly Bower, PhD, MSN/MPH, RN—faculty/alumnus— a JHSON associate professor and associate director of the Johns Hopkins Urban Health Institute. Her research and public health nursing practice focus on the elimination of inequities in women's, maternal, and infant health.

Deborah Busch, DNP, CPNP-PC, IBCLC, CNE, FAANP—faculty—a JHSON assistant professor and a pediatric NP with clinical practice in general pediatrics and lactation. She is the track coordinator of JHSON's Pediatric Nurse Practitioner Primary Care program and leads the Pediatric Faculty Interest Group.

Kelly Gleason, PhD, RN—faculty/alumnus—a JHSON assistant professor with a joint appointment in the School of Medicine's Department of Health Science Informatics. Her research focuses on integrating patient-reported information with electronic medical record data to improve diagnostic processes. Gleason is co-lead of the Armstrong Institute's Center for Diagnostic Excellence's Team Core.

FAANP—faculty—a JHSON associate professor and an expert in advanced practice psychiatric and mental health nursing education. She led the implementation of JHSON's online Post-master's Psychiatric-Mental Health Nurse Practitioner certificate program. Kverno

Karan Kverno, PhD, PMHCNS-BC, PMHNP-BC,

has practiced as a psychiatric-mental health clinical nurse specialist and hospital-based outpatient psychiatric-mental health nurse practitioner.

Michelle Patch, PhD, MSN, APRN-CNS, ACNS-BC, AFN-C—faculty/alumnus—a board-certified adult health clinical nurse specialist (CNS), assistant

professor, and CNS track coordinator at JHSON, maintaining a practice with Johns Hopkins Medicine's Armstrong Institute for Quality and Patient Safety. Her work has been dedicated to improving patient, staff, and public health safety, particularly during times of crisis, violence, disaster, and trauma.

Timian Godfrey, DNP, APRN, FNP-BC—alumnus a member of the Navajo Nation, a board-certified family nurse practitioner working with tribal nations, and an assistant clinical professor at the University of Arizona College of Nursing. She is the project director for two grant-funded programs to bring underrepresented groups into the nursing profession.

John N. Cranmer, DNP, MPH, MSN, EBP(CH), CPH,

ANP—alumnus—an associate professor at the Neil Hodgson Woodruff School of Nursing at Emory University. His implementation research focuses on collaborative approaches in low- and middle-income countries with a particular focus on high-impact, low-cost, collaborative solutions for maternal and low-birthweight mortality in Ethiopia.

Marian Grant, NP, ACNP-BC, ACHPN, FPCN—adjunct faculty/alumnus—a national palliative care leader with expertise in policy, marketing, nursing, research, education, and communication. She has served as the senior regulatory advisor for the Coalition to Transform Advanced Care, a nurse practitioner at Johns Hopkins Bayview, and a board member for the national Hospice and Palliative Nurses Association.

Josh Wymer, MSPM, MA, MSN, RN, CNOR, CSSM, RN-BC, NEA-BC, FACHE—doctoral student—a DNP Executive track student exploring the impact of specialty certification in the context of professional development and impact on nursing practice. Wymer has practiced across medical-surgical, post-anesthesia, ambulatory procedures, and primary care areas, most recently in perioperative nursing.

Michael Joseph Dino, PhD, MAN, RN, LPT—doctoral student—a PhD student at JHSON whose dissertation paper focuses on the Fourth Industrial Revolution and humanoid technologies in health and nursing. Dino is a member of the Apple Distinguished Educators group, director of the Research Development and Innovation Center of Our Lady of Fatima University in Valenzuela City, Philippines, and president of the Phi Gamma Chapter of the Sigma International Honor Society in Nursing. ■

Policy Honors Program Takes Flight

The Johns Hopkins School of Nursing has launched a Policy Honors Program for students to gain experience and foundational skills in policy analysis and advocacy to address critical health challenges. The two-semester program will broaden students' understanding of nursing's role in policy and expand their skills and confidence to connect with policymakers, effectively communicate policy proposals, and advocate for better health for communities.

The Policy Honors Program is the newest part of JHSON's efforts to increase its impact on health policy, which also include the addition of Sophie Kasimow, JD, as senior health policy advisor. This inaugural position reflects a commitment to influence policies that help eliminate inequities and improve health outcomes. A seasoned career health policy advisor, Kasimow will help advance health policy engagement efforts in the classroom, across campus, and in Washington, DC. She will also drive the conversation over the future of health and health care in government, health care organizations, start-ups, and the broader policy.

"The Policy Honors Program is part of our bold vision to reshape nursing and influence health for the next

century," says Dean Sarah Szanton, PhD, RN, FAAN.

"We want to introduce students early on to the impact
they can have engaging in policy. As more nurses are
involved in policy and advocacy, more people will have
access to care and better outcomes in life."

Szanton will teach the inaugural 2023 cohort, which will include discussion-based seminars, regular faculty mentoring sessions, and a policy-relevant project and final presentation. Discussion and assignments will help students identify, evaluate, and influence local, state, federal, and global policy issues.

Beginning in 2023, JHSON will present an annual Dean's Award for Outstanding Policy Influencer, honoring alumni whose advocacy accomplishments at the local, regional, national, or international level have made a significant impact in their field or whose policy and advocacy work has improved the health of individuals, communities or populations and demonstrates how nurse leaders are providing outstanding contributions to health policy issues.

Learn more about the Policy Honors Program or apply: nursing.jhu.edu/policyhonors.



Lavinia Dock Lecture Series: Vincent Guilamo-Ramos, dean of the Duke School of Nursing and an authority on adolescent and young adult sexual and reproductive health promotion and the social determinants of health, speaks at the Johns Hopkins School of Nursing on October 18.

JACQUELYN CAMPBELL Among World's Top Researchers

Professor Jacquelyn Campbell, PhD, MSN, RN, FAAN, Anna D. Wolf Chair of the Johns Hopkins School of Nursing, has been named among the Best Social Sciences and Humanities Scientists in the world by Research.com.

Campbell's position (No. 43) in the ranking is based on a D-index (Discipline H-index), which includes papers and citation values for an examined discipline.

Research.com's best scientists ranking is a list of leading scientists from the area of Social Sciences and Humanities, based on an examination of 166,880 scientists on

Microsoft Academic Graph. For the discipline of Social Sciences and Humanities, over 10,371 profiles were examined.

From Research.com: "Jacquelyn C. Campbell spends much of her time researching domestic violence, suicide prevention, psychiatry, occupational safety and health and injury prevention. She combines subjects such as health care, demography, clinical psychology, mental health and social issues with her study of domestic violence. Her work deals with themes such as psychological intervention, nursing, social psychology, medical record and medical emergency, which intersect with suicide prevention." ■





Congratulations to the 2022 award winners of An Evening With the Stars, recognized at a ceremony in Baltimore on November 10:

Elsie Payton Jarvis Star Nurse Award, established in 2017 to recognize all Johns Hopkins Nurses who demonstrate clinical excellence in their area of nursing to improve the quality of patient care and who have made a significant difference to the profession.

Deborah Billings, Howard County General Hospital Katie Bryant, All Children's Hospital Jonathan Espenancia, Bayview Medical Center **Christine Fennell**, Sibley Memorial Hospital Eleni Flanagan, Johns Hopkins Hospital Linda Simpson, Suburban Hospital

Eunice Searles King Student Award, established in 2018 to recognize a current JHSON student who exemplifies leadership within the classroom or in student organizations, participates in community outreach efforts through health care initiatives and exhibits outstanding patient care in clinical rotations. Students must also demonstrate excellence in scholarship and perform significant, meritorious, compassionate service to Hopkins patients, patient families, or the Hopkins community.

Erick Jason Reyno, DNP Psychiatric-Mental Health NP student, Johns Hopkins School of Nursing

Cynthia and Peter Rosenwald Nursing Innovator Award, established in 2016 to recognize nurses for developing implementable and innovative initiatives that improve the quality of patient care and benefit the hospitals across the Johns Hopkins Health System.

Lingerlyn Espenancia, Bayview Medical Center

Cynthia and Peter Rosenwald ICU Nurse Award. recognizing nurses at all Johns Hopkins Hospitals who go above and beyond the call of duty in providing caring, compassionate, and competent nursing to

Laura Selway, Johns Hopkins Hospital

their patients.

Suzanne Concato Preceptor Award, recognizing current preceptors who are committed to mentoring students on a 1:1 basis—providing nursing students the opportunity to assess patients and promoting critical thinking and clinical decision making.

Natashia Vanholten, Bayview Medical Center

Linda Davies Versic Faculty Award, given to a current faculty member who demonstrates excellence in patient care, looks for innovative ways to engage students and peers in local and global community health care programs, and connects with students through nursing organizations and activities.

Junxin Li, Johns Hopkins School of Nursing

School of Nursing Diversity Award, recognizing staff, faculty, and students for contributions related to the development and celebration of diversity and inclusion through the Johns Hopkins School of Nursing locally and/or globally.

Diana Baptiste, associate professor

Dean's Award

Eunice and David King

See more at nursing.jhu.edu/stars

Rushton Earns AACN

Johns Hopkins School of Nursing Professor and Endowed Chair Cynda Rushton, PhD, MSN, RN, FAAN, has been selected to receive the American Association of Critical-Care Nurses (AACN) Marguerite Rodgers Kinney Award for a Distinguished Career. The award recognizes Rushton's exceptional contributions that further AACN's mission and vision and her careerlong work that has enhanced the care of critically ill patients and families.

"To be honored by AACN in Margarite Kinney's distinguished legacy is both humbling and thrilling," says Rushton. "My career has been blessed beyond measure through my long-standing collaboration with AACN and the inspiring and courageous critical care nurses who serve across America every day."

Rushton is an internationally recognized researcher in the areas of bioethics. ethics education, and the moral suffering of clinicians. In her most recent work, Rushton is serving as the chief synergy strategist for Maryland's R3 Resilient Nurses Initiative. The initiative seeks to renew, retain, and amplify the integrity and resilience of nurses, students, and nursing educators across Maryland, in all specialties and roles, through a culture of ethical practice.

In 2014, Rushton co-led the first National Nursing Ethics Summit and the production

of the "Blueprint for 21st Century Nursing Ethics." She has co-led a national collaborative State of the Science Initiative: Transforming Moral Distress into Moral Resilience in Nursing, co-chaired an American Nurses Association panel on ethical practice, and served on the National Academies of Science, Engineering, and Medicine committee to develop recommendations for systemic solutions to combating clinician burnout. Rushton is editor and author of the book Moral Resilience: Transforming Moral Suffering in Healthcare.

Rushton's career has been recognized through numerous awards and leadership positions. She is the Anne and George L. Bunting Professor of Clinical Ethics at JHSON and the Johns Hopkins Berman Institute of Bioethics. In 2019, she received the Sigma Daniel J. Pesut Spirit of Renewal Award and was inducted into the Sigma International Nurse Researcher Hall of Fame.

Rushton is a member of the American Nurses Association's Center for Ethics and Human Rights Ethics Advisory Board and the American Nurses Foundation's Well-Being Initiative Advisory Board. She is a Robert Wood Johnson nurse executive fellow and a fellow of the Hastings Center and the American Academy of Nursing.





FANNIE GASTON-**JOHANSSON**

Faculty of Excellence Program

A key Johns Hopkins University initiative to increase and promote faculty diversity has been named to honor the university's first Black woman to become a tenured professor, Fannie Gaston-Johansson, professor emerita of the Johns Hopkins School of Nursing.

The Target of Opportunity Program, established as part of Johns Hopkins' Faculty Diversity Initiative in 2015 to augment the university's culture and overall excellence through the recruitment of diverse scholars, is now the Fannie Gaston-Johansson Faculty of Excellence Program.

"Through her research, mentorship, and public service, Dr. Gaston-Johansson has given countless patients a voice in their care, illuminated and addressed the pernicious impact of health disparities, and forged a path for other scholars from historically marginalized groups to flourish in the academy," JHU President Ron Daniels said. "We are fortunate that she made her academic home at Johns Hopkins and thrilled that this program named in her honor will allow us to welcome the next generation of talented scholars, clinicians, and scientists that follow in her footsteps."

The program has already been instrumental in helping Johns Hopkins increase faculty diversity, resulting in the recruitment of 35 tenure-track faculty over a six-year period. Overall, underrepresented minority representation on JHU's faculty increased to 10 percent in 2019 from 8 percent in 2015.

Gaston-Johansson, an internationally renowned nurse educator, researcher, and clinical practitioner, directed the Center on Health Disparities Research, was named to the Maryland Task Force on Health Care Access and Reimbursement by former Gov. Martin O'Malley, earned the National Black Nurses Association's Trailblazer Award, and has received citations from the U.S. Congress and the government of Sweden for her international and domestic research endeavors.

Gaston-Johansson—who joined the Hopkins Nursing faculty in 1993—pioneered diversity initiatives at the school and led the Minority Global Health Disparities Research Training Program, which allowed hundreds of underrepresented students access to research opportunities around the world. Her work has focused largely on pain management, end-of-life care, and breast cancer, and she's known for developing the Pain-O-Meter, a tool to help patients find the right words to let clinicians know how much they are hurting.

"My whole life has been about attracting diversity," said Gaston-Johansson. "I think you have to have a host of experiences coming together with students and faculty, that's the way you really grow, not just educationally but socially, and you get a broader perspective on life." ■

Learn more from the HUB: nursing.jhu.edu/fgjfaculty

The ELEPHANT in the Room

Kelsey Sabo, as a Peace Corps volunteer in Uganda from 2014-18, began to notice the roughly one-week, unexplained, undiscussed absences of female students and teachers each month. Of course they involved the menstrual cycle, in communities where sanitary pads were scarce and girls and women were often bullied for the sudden appearance of blood on skirts. Rather than face the shame and ridicule as well as physical discomfort, they stayed home until the period passed.

This meant missed school, missed work—"about 25 percent of the year or about 9 years for the average menstruating woman's lifetime," explains Sabo—and missed opportunities to advance toward self-sufficiency. The answer wouldn't be as simple as helping women and girls learn to make, and eventually sell, sustainable, reusable menstrual pads (RUMPs). But for "Teacher Ayikoru" (or "Happiness"), as she is still known during return visits, that was a good enough place to start. "In the Peace Corps, it's not about coming in with a solution. It's being there to help put the pieces together, to help the community find its own solution."

Then Sabo, 2022 winner of the Gurtler Scholarship, worked to help the community do more. "How do we get the men and the boys, everyone, involved in this conversation?"

The Peace Corps had assigned Sabo to Pajulu and Awindiri, villages "tucked away in the West Nile region of Uganda," along the borders of South Sudan and the Republic of Congo. She still remembers waking up in her one-room dwelling at the center of a school compound: roosters, the sun streaming through a window, mosquitos buzzing outside her bed net, and the sounds of a village slowly, subtly coming to life with the sliding of door locks, the swish-swish symphony of thistle brooms across dirt floors, peanuts being ground into butter by mortar and pestle. Sabo lived without electricity, and bathing was by bucket, a skill in which the Master's Entry student already considers herself a PhD. "I dream of it! I can't wait to give more bed baths. I can talk to my patients about how I've truly perfected bathing out of a bucket or a basin. There's an art to it."

What she lacked in language skills, Sabo made up for with humility and a bit of stubbornness—she could laugh at herself for saying words in the wrong tone or altering their meaning entirely, but Sabo never gave up. She'd come equipped with an ability to speak Lugbarati, a language of the Lugbara people. "It helped me earn a lot of respect from my community—sadly, it's a language that is dying both because of low literacy rates and because the desire to learn English is so strong." But the sincere efforts of this white outsider to communicate and offer a hand never failed to surprise all who Sabo came into contact with. Motorcycle taxi drivers (boda bodas) would give her a hard time but get a pointed Lugbarati response, usually a question about what their mothers would think. They quickly learned not to underestimate her. Others saw Sabo's presence as an opportunity to practice speaking English rather than the other

"I KNEW I COULD GET BY ON ENGLISH BUT I DIDN'T WANT TO."

A chance invitation to be a radio guest turned—after a wave of positive feedback—into a show to discuss malaria prevention and other health topics, "from HIV education to addressing gender myths and menstrual health. At the end, community members could call in questions, which was always fun."

The popular radio station had a TV outlet as well. Sabo started with a segment on making RUMPs. (Disposable pads were difficult to find, expensive, and had a significant ecological cost, filling up pit latrines.) And she went the Ugandan village equivalent of viral. "Most villages had a TV somewhere within range that they would all gather around at night to watch soccer matches"—and Sabo—"so it was an effective way to make health education fun, engaging, and more accessible."

And in the classroom, over the airwaves, or during sweaty afternoons with other teachers beneath the mango trees with Sabo "just absorbing everything," messages of love and respect were sent, and received. ("I knew I could get by on English but I didn't want to. ... I was there to become a part of their community and exchange knowledge, just another teacher among them.")

"I started out in the Peace Corps as every naive volunteer does, 'I'm going to help everybody. I can do anything,' "Sabo says. "Very quickly it evolved into, 'If I can make a positive impact on one person's life and share my experience with others back home mindfully, and in a way that redefines the single-story narrative Americans so often see and hear about the continent of Africa, then it will all be worth it.' "And so she did. "I knew at the end of my service that I could look at the hundreds of people who made a massive impact on me and identify at least one—I like to think more—I know for sure I made a positive impact on and still keep in touch with today."

Nursing has been a rewarding but unexpected turn for someone who once spent a summer in Sri Lanka on a whim tending not to humans but to elephants, part of a youthful dream of becoming a large-animal veterinarian. "I worked alongside the handlers, *mahouts*, at an ethical elephant sanctuary

and know an absurd amount about elephant anatomy and physiology. I even still speak the sanskrit language they use to communicate with the elephants."

As a person who always loved science and animals, eventually Sabo put the puzzle pieces together. The Peace Corps sealed the deal: "Obviously, I did a ton of health education. I was a teacher, but if I don't have kids in my classroom because they're sick with malaria or having their periods, I have to address that first before they can ever learn anything." She worked alongside many doctors and nurses. "Finally, I had a nurse just say to me, 'Kelsey, why aren't you a nurse? Everything you do, everything you're good at, is nursing. ... You're already a nurse. Go get professionally trained in it.' And that's when a lightbulb went off."

Sabo, who today lives in Baltimore with her dog Elephant (or "Ellie" for short), has interest in maternal/child health, emergency medicine, labor and delivery (she's a birth doula), humanitarian relief, crisis response, and eventually advanced education as a nurse practitioner, midwife, or APRN. She'll graduate in May 2024. ■

The John R. and Ruth Gurtler Foundation Scholarship

All admitted or enrolled MSN (Entry into Nursing) students who have served in the Peace Corps will be considered for the John R. and Ruth Gurtler Foundation Scholarship. established in memory of alumna Ruth Ward Gurtler '29, and awarded to one student each year. Learn more about financial aid and scholarships at the Johns Hopkins School of Nursing at nursing.jhu. edu/financial-aid.

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MAGALINE.NORVING.JHO.EUO



Associate Professor Vinciva Pandian. PhD, MBA, MSN, FAAN, has been selected for fellowship in the American College of Critical Care Medicine. Globally recognized, Pandian, assistant dean for immersive learning and digital innovation, has contributed to setting standards of tracheostomy care and has focused on educating caregivers and family members and developing tools to measure patient quality of life. She will be honored at the Critical Care Congress in January 2023.

Taking HEED on Diversity

The Johns Hopkins School of Nursing has once again earned the INSIGHT Into Diversity Health Professions Higher Education Excellence in Diversity (HEED) Award and the American Association for Men in Nursing (AAMN) designation as a Best School for Men in Nursing. It is the school's fifth consecutive HEED Award and fourth consecutive AAMN designation.

"These recognitions are based on robust examinations of multiple elements that match our words to our actions," says JHSON Dean Sarah Szanton, PhD, RN, FAAN.

JHSON weaves diversity, equity, and inclusion (DEI) into its mission, recruitment, and vision for the future. Last year, the school increased its

populations of both underrepresented racial and ethnic minority students and underrepresented minority faculty. The Committee on Teaching and Learning as a Pathway to Diversity, Equity, and Inclusion engages community members in cultural change while modeling the profession's commitment to health equity and social justice. It assesses course content for equitable, accurate, and inclusive information across race, ethnicity, and gender identity.

"DEI within our school sets the stage for how we work as nurses and community members," says Rebecca Wright, PhD, BSC (HONS), RN, director of diversity, equity, and inclusion. "We all play a role in advancing these efforts and making JHSON a place committed to the dignity and equity of all people." ■



YOUR DOORWAY TO LECTURES, LIVESTREAMS, AND MORE.

Since our founding, Johns Hopkins University has been committed to delivering knowledge and discovery to the world. And through the Hopkins at Home website, you can now access some of the best of what Hopkins has to offer — from our labs, libraries, and lecture halls to your laptop.

Brought to you by the Johns Hopkins Alumni Association and open to everyone, Hopkins at Home provides access to recorded lectures, presentations, and performances as well as the opportunity to connect with faculty for live sessions and mini-courses.



BRIEF... AND TO THE POINT

PAHO/WHO document highlighted essential steps toward global health improvement with key input from IHSON faculty, staff, and students

In 2015, the United Nations looked down the road a decade and a half at what would constitute a better life in 2030 and, with all member states approving, adopted a series of Sustainable Development Goals. These were economic, environmental, and social improvements designed to eradicate poverty and improve human lives, with health a major factor in each.

Now halfway down that road, there remains plenty of critical work ahead, beginning with cementing a commitment to do it. Against this backdrop, scholars and students from the Johns Hopkins School of Nursing's Center for Global Initiatives set about crafting a call, via the Pan American Health Organization, to undergird nurses across the Americas to begin the change as an expanded, empowered workforce.

In The Strategic Importance of National Investment in Nursing Professionals in the Region of the Americas, a collaboration led at the Johns Hopkins School of Nursing by Nancy Reynolds, PhD, MS, RN, FAAN, makes its case—based on the evidence of nurses' "expertise, global presence, and reach to remote areas, vulnerable populations, and minority groups"—that the time for undervaluing, underfinancing, and undertraining the nursing profession is over.

Reynolds, associate Dean of Global Affairs and director of the CGI, and former CGI Manager Angie Chang Chiu enlisted students Haley Williams (DNP), Rachel Storms (MSN), and Jared Shepard (Bloomberg School of Public Health) to help shape the report as a PAHO/WHO Collaborating Center for Nursing Knowledge, Information Management and Sharing.

For Williams, the experience was a first and, she hopes, not nearly the last. "It honestly changed the

trajectory of my career, as I was exposed to people working to change the future of nursing globally in roles that I didn't even know existed," she explains. "The upcoming generation of nursing leaders across the world will play a key role in determining what that change looks like. On a personal level, I realized I want to be involved in that work, particularly in the development of the advance practice nursing role in low- and middle-income countries." Also, "I'm proud of how it turned out."

"NURSES ARE ESSENTIAL TO THE STRENGTHENING OF HEALTH SYSTEMS AND ACHIEVEMENT OF HEALTH **EQUITY AND THE SUSTAINABLE DEVELOPMENT GOALS."**

"We were delighted to contribute to the PAHO/WHO policy brief that provides a framework for strategic investment in nursing in the Americas," Reynolds adds. "Nurses are essential to the strengthening of health systems and achievement of health equity and the Sustainable Development Goals."

As presented by the brief, the inequities are stark: "In the Region of the Americas, there are approximately 9 million nursing professionals, representing more than 56% of the health workforce, yet 87% of the nurses in the Region are in Brazil, Canada, and the United States," the brief reports.

And they are entrenched: "As health care services expand in low- and middle-income countries, there



is an increased need for qualified and trained nurses. Every country needs a competent, motivated, well-distributed, and well-supported health workforce as part of the global drive for universal health. Nurses are central to these efforts." The answer: Invest. A few others from the policy brief?

Education: Recruit and retain nursing faculty; evaluate, update, and standardize curricula; promote lifelong learning. "Formal, continuous learning opportunities embedded into professional life have been shown to raise the quality of care, improve patient outcomes, and increase job satisfaction among nurses."

Jobs: "Countries should improve working conditions, provide opportunities for professional and educational development, and improve health systems to enhance the health labor market and avoid losing nurses to migration."

Leadership: "Nurses should be leaders in the design of health care systems and their implementation/organization, not just in delivery of care."

Service Delivery: Guaranteed access to health care. One key idea from the brief calls for increased mobilitystandardized regulations across nations so caregivers can over time be spread around more equitably. ■

Visit nursing.jhu.edu/cgi.

Nancy Reynolds Elected CUGH Vice Chair

Professor Nancy Reynolds, PhD, RN, FAAN, has been elected vice chair of the Consortium of Universities for Global Health (CUGH). The organization supports more than 200 academic institutions and associations dedicated to addressing global health challenges. Reynolds will hold this position until March 2024, after which she will become board chair.

"I am honored to support the work of CUGH, which plays a significant role in providing leadership and support to academic institutions as a transforming force in global health research, practice, service, and advocacy," says Reynolds. "I look forward to bringing passion and dedication to the work of CUGH and shaping the strategic path forward to address threats to global health and maximize contributions to health equity."

Reynolds most recently served on CUGH's Board of Directors and as co-chair of its workforce capacity building subcommittee. With more than 20 years of continuous funding from the National Institutes of Health, Reynolds has researched chronic illness self-management, particularly HIV, and how low-cost cellphone technology can enhance provision of health services to vulnerable populations. In Ghana and India, Dr. Reynolds has implemented programs to improve medication adherence and mental health outcomes of women and children living with HIV.

She is associate dean of global affairs at JHSON; director of its Center for Global Initiatives and the WHO Collaborating Centre for Nursing Information, Knowledge Management; co-director of the prevention core of the Johns Hopkins Center for AIDs Research (CFAR); and, former secretary general of the Global Network of the WHO Collaboration Centers of Nursing and Midwifery.

"Dr. Reynolds is a perfect pick. She has deep partnerships in communities across the globe and will be a transformative leader of CUGH," says JHSON Dean Sarah Szanton, PhD, RN, FAAN. "We look forward to witnessing her leadership."





INTERNATIONAL VISITING SCHOLARS: This summer, the Center for Global Initiatives received a group from the Federal Nursing Council in Brazil seeking guidance on advanced nursing practice education; students from Catholic Kkottongnae University in Cheongwon-gun, South Korea, who met with faculty, staff, and students; and a team from the University of Athens, funded by the St. Niarchos Foundation, looking to advance nursing education in pediatrics and simulation.









Help Is on the Way

Center for Infectious Disease and Nursing Innovation raises its voice, profile, and presence

CIDNI cannot be everywhere, but it's certainly not for lack of trying.

"I wish we had the person power to be everywhere," says Professor Jason Farley, PhD, MPH, ANP-BC, FAAN, director of the Center for Infectious Disease and Nursing Innovation, or CIDNI. "But what we try to do is really evaluate from an infectious disease lens ... try to think about things that either place people at risk for disease or—for people living with disease—either not getting a diagnosis or, after getting a diagnosis, not following up with care."

The care is available and it's visible. "We believe fundamentally in health equity, and so for me that means bringing care to people, not forcing people to come to care," he says.

Significantly, the voice, expertise, and leadership are that of nursing.

Farley, renowned for his local and international work on HIV/AIDS, HIV/TB co-infection in at-risk communities, COVID-19 prevention and care, and now stopping the spread of monkeypox, knew just what

he wanted to do upon being named the inaugural Leadership and Innovation Endowed Chair at the Johns Hopkins University School of Nursing. The endowment would put money and muscle behind those plans.

Farley and his team were allowed to start with the basics and build out smartly. First, establish a web presence—cidni.org—"to formalize how we, as a center, could not only represent ourselves online but also engage other faculty beyond my individual research portfolio." Then, go!

"I really set forth inviting other faculty to participate, to become affiliated with the center, asking affiliated nurse scientists from other locations—we have nurse scientists on the West Coast and in multiple other countries—trying to engage the science, the voice, the clinical practice of nursing in infectious disease."

HIV isn't defeated yet, of course, but it's covered, insists Farley. "I'm trying to galvanize schools, networks, associations across the nation and around the world on a focus that's bigger than HIV, that expands it into a variety of different pathogens, not a single focused entity. There are many nursing organizations that fill the role on HIV. But there are very few that move beyond HIV. And if they do, they do not do so with a nursing-specific voice."

So, CIDNI is raising its voice and partnering up, building capacity in research and clinical care as well as teaching, growing collaborations, bringing in more international nursing scholars and continuing the push to draw "the best and brightest" students, trainees, and faculty "with disease reduction

experience" to JHSON. All hands are on deck, but more are always welcome.

"Our biggest problem is not great ideas," insists Farley, whose groundbreaking work with technology to track and keep patients in constant contact with providers and medicines has helped set the standards. "It is the bandwidth to up-launch what we come up with."

Meanwhile, of course, the outreach to Baltimore City's at-risk communities continues to expand.

"Right now, we're offering a variety of point-of-care testing. We partner with an STI testing lab so that we can offer testing at home, at our office, or in our mobile van in the community. We partnered with the Baltimore City Health Department and the School of Medicine to offer COVID-19 clinics, and we're looking into ways in which we can be helpful with the monkeypox vaccination program."

Farley is determined that CIDNI will find a way to where the need is.

"I always had a vision, once we started the [HIV-focused] REACH Initiative—our original effort—of making it a big "C" center within the school."

As in CIDNI, a center whose acronym sounds like Sydney, as in Australia. It's poetry to Farley, who says it frequently reminds him of former Dean Patricia Davidson, PhD, MEd, RN, FAAN, a driving force behind his endowed chair. "She was so instrumental in all of this," Farley says. "CIDNI/Sydney, it's a perfect homage to Trish."

Learn more about the mission and the methods of the Center for Infectious Disease and Nursing Innovation at cidni.org.

"WE BELIEVE FUNDAMENTALLY IN HEALTH EQUITY, AND SO FOR ME THAT MEANS BRINGING CARE TO PEOPLE, NOT FORCING PEOPLE TO COME TO CARE."

- Jason Farley, director of the Center for Infectious Disease and Nursing Innovation, or CIDNI





MAGALINE. NORVING. J. HO.E.



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JEFFREY VU DNP/MBA '21, MSN, BSN, RN

DIRECTOR OF CLINICAL SERVICES
ORANGE COUNTY HEALTH CARE AGENCY

CALIFORNIA

"Being a nurse has given me the opportunity to be my most authentic self. My only goal in life has been to share good fortune to others and I am very grateful to be able to use my knowledge, access, agency, and power to advance the health needs of others especially those that are

MI: Lyndsay DeGroot, left, with twin sister and fellow nurse Lauren, hopes to make palliative care discussions more routine.







ELLIE TSIKALAS MSN, BSN '03

ALABAMA

"I decided when I became a nurse, if I was willing to treat somebody, then I was going to be willing to treat anybody and everybody. In other words, to me, being a health care provider means I am not just willing but I am passionate that every single human being deserves the same high-quality and compassionate



TIMIAN GODFREY DNP '19, APRN, FNP-BC

PEDIATRIC CARDIAC & NEURO NURSE NEW YORK PRESBYTERIAN MORGAN STANLEY CHILDREN'S HOSPITAL

ARIZONA

"As a Native American nurse, my intrinsic leadership responsibility is to improve health equity for underserved minority populations. My lived experience has shown me the powerful impact policy has on the health outcomes of marginalized communities."









MASSACHUSETTS — HER FULL POTENTIAL

There was never a question that Sabianca Delva would return to Boston once she finished her studies at the Johns Hopkins School of Nursing. After all, "There is no Haitian food in Baltimore!"

Delva explains that as a Haitian immigrant, whose family arrived in Boston when she was 8, you're looking at three basic choices if you seek cultural immersion and a full belly: Miami, of course, Brooklyn, NY, and Beantown. But she is grateful to JHSON for helping guide, if not straight shove her toward her spot as a young researcher and faculty member at BC.

"Had I not come to Johns Hopkins, I never would have known what my full potential is," Delva explains. "Everything that I said that I couldn't do—I'd never done any grant writing before—the PhD Committee pushed me: 'No, you can do it.' And they gave me the support to do it."

"I hope to make a significant change in the communities that I work in," Delva, whose Creole background opens doors, says of marginalized groups simply left out of much research because of a language barrier. "I remove that barrier, and I work to create interventions that are culturally tailored and relevant based on feedback. That's the only way you're going to see change, if it's meaningful to the community."





SABIANCA DELVA PHD '20, BSN, RN

ASSISTANT PROFESSOR BOSTON COLLEGE

MASSACHUSETTS

"There's this Haitian grandmother. She is the gatekeeper of the household. She does all the cooking. If I can work with her, convince her to cook more healthfully, that can affect not only her but two generations after her."

KENTUCKY — 'THANK GOODNESS FOR THE NURSES AND THE NUNS'

It was 1918, and a flu pandemic was tearing through the U.S. military as World War I raged in Europe. There was no effective medical treatment available for flu; there were no antibiotics. Despite pleas from the Surgeon General, U.S. leadership refused to halt troop movement to stop the spread. There was a war to fight.

Some 43,000 military personnel perished; 675,000 Americans in all died from the flu (though the final toll remains a guess—death reports were voluntary and then, as now, there were reasons to fudge the numbers). "When the pandemic was finished, they wanted to play it down," says Mary Ann Thompson, co-author with Sara Bolten of the article "They Buckled on the Armor of God: Kentucky Catholic Sister 'Nurses' in the 1918 Flu Pandemic," a look at the caring performed by the Catholic Sisters at Camp Zachary Taylor in Louisville. Any success against the disease came from nurses and volunteer caregivers like the Catholic Sisters. "Thank goodness for the nurses and the nuns. They were really trying to help, and they did."

Fast forward to 2020, and COVID, which would easily surpass the 1918 flu's death toll in the U.S.

Thompson is proud of her research, getting the prescient article published, and presenting on the work behind it at several events. She's also thrilled to continue using her nursing skills. "The truth is, it never leaves you," she says of her nurse training at Johns Hopkins and elsewhere. "We joke that we must have something written on the back of our shirt that says, 'Tell me your problems. I am a nurse.' "

Read more about Mary Ann, Sabianca, and others at unitedstatesofnursing.org.

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ANGELA FELTON-COLEMAN DNP '20, MSN-ED, APRN, FNP-BC

NURSE PRACTITIONER
THE CHILDREN'S HOSPITAL & MEDICAL CENTER
EMERGENCY DEPARTMENT AND THE NEBRASKA
MEDICINE IMMEDIATE CARE CLINICS

NEBRASKA

"What I hope to achieve, is to start a conversation about the lack of diversity in healthcare and let other minorities know that they are not alone in what they are experiencing."





NY: Pediatric cardiac and

comforts, inspires, and protects his young patients

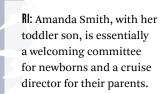
Spider-Man.

neuro nurse Kash Calderón

with a web of positivity as









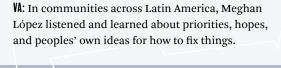
TRACEY BRADLEY-SIMMONS

MSN '19, BSN, RN

ARKANSAS

"I see myself and my own family in the people and communities we serve. We have shared commitment to building a future of healthy and happy kids. That is





PhD Student Had Key Role in Passing Law to Protect Abused Children

Katie Spearman used her frustration as fuel.

"Judges in the family court system are failing to protect children," says Spearman, a mother of four young boys who helped push the passage in April of Maryland SB 17, which mandates training for family court judges and magistrates who decide child custody cases involving domestic violence and maltreatment. Maryland was the first state to pass legislation following the re-enactment of VAWA (or Kayden's Law), which provides federal funding for states that mandate specialized training for judges in family law cases involving domestic violence and child abuse.

In 2019, Spearman was a soon-to-be Master's
Entry grad. Asked as part of her spring classwork
to craft an advocacy letter based on a current
political question, she chose Maryland SB 567, and
particularly the panel—the Workgroup to Study
Child Custody Proceedings Involving Child Abuse
or Domestic Violence—tasked with shaping and
pushing recommendations for reforms through the
legislature. Although the workgroup was tasked with

incorporating the latest evidence-based research on adverse childhood experiences into its decision-making, the committee completely lacked a health care viewpoint: no nurses, no physicians, no public health professionals.

Spearman started learning, and typing, and building her determination to take action. "There are so many systemwide blocks to providing safety and health care to children who've been abused," she explains.

After handing in her class work—partly an argument to be added to that work group—she decided to send her pitch directly to Maryland Gov. Larry Hogan.

"Somebody from Governor Hogan's staff called me and said, "'Well, the work group has already been formed. But we'd love to have your input, and we'd love for you to attend these work group meetings.' They met in Annapolis and in the State House, and I actually went to almost all of the meetings [virtually during

KATIE SPEARMAN
PHD CANDIDATE, MSN '19, RN

MARYLAND

"Judicial decisions are a
profound social determinant of a
child's health. What a judge
decides about a child's
environment: where they will live
and with whom, who can decide
their medical care—this all has a
much larger impact on a child's
long-term health outcomes than
the care I provide at the bedside
or in a clinic."

the pandemic] and I was able to have input and meet a lot of the leading experts that had come to testify. And it was really interesting."

At the same time, Spearman had taken a job as a pediatric nurse at Johns Hopkins Hospital, where children caught in abusive situations can end up. And caring for them, based on the orders of a family court, "was just very complex" and upsetting.

"Judicial decisions are a profound social determinant of a child's health. What a judge decides about a child's environment: where they will live and with whom, who can decide their medical care—this all has a much larger impact on a child's long-term health outcomes than the care I provide at the bedside or in a clinic."

"It was kind of, 'Who is deciding what medical care a child gets or not?' When there's violence in the family—and in some instances, it seemed as if there was an abusive parent—withholding care that ethically, as a nurse, I thought the child probably should be getting and then other cases, where they were asking for lots of things to be done to the child, where ethically you kind of feel like, 'We really shouldn't be doing that intervention.' ... There seemed to be a real lack of understanding of the context and the nuance of domestic violence and inconsistencies in how judges were making their decisions around child custody."

So, for three years, Spearman worked with Maryland legislators, policy experts, and advocates, and saw the bill pass the Maryland Senate and House of Delegates on April 7. Spearman was invited to the signing in Annapolis by Hogan. Today, through Maryland law SB 17, she has hope for change in the system, though she realizes hard work remains. "It's a first step." And Spearman will keep pushing as she continues her work toward a PhD at the Johns Hopkins School of Nursing.

She has already learned too much about adverse childhood experiences. "We expect a lot of individuals, and especially children, to be resilient. But as health care professionals, we also have an obligation to address system failures that place children in harm's way. Legal support is important—but the family court system is a private legal system that requires resources to access. This exacerbates health disparities."

But what also fascinates Spearman is that, with the right help—and nuanced legal support—even kids subjected to such trauma can indeed bounce back. "So even when they do experience adversity, having a safe and supportive and nurturing relationship re-establishes that sense of safety. It has amazing benefits for a child's neurodevelopment."

"And as a PhD student, I'm working very closely with Dr. Jackie Campbell on her NIH-funded study on intimate partner homicides and intimate partner violence-related homicides. And I'm really looking, specifically as part of that research, at how family court involvement, including parental custody disputes and parental separation and divorce, are all established risk factors for homicides of children in the context of intimate partner violence. But it really hasn't been explored very much." That, Spearman is determined, will now change as well.

ON THE PULSE -/- PODCAST -/-



myPlan

Nancy Glass, PhD, MPH, MS, RN, FAAN, is an intimate partner violence researcher who serves as Independence Chair in Nursing Education at the Johns Hopkins School of Nursing. Glass is developer of the myPlan app, a free app to help with safety decisions if you, or someone you care about, is experiencing abuse in their intimate relationships. It's private, secure, personalized, and backed by research. In Episode 19 of the On the Pulse podcast, Glass discusses the newest version of the app that can help link victims of domestic violence to resources, information, and personalized safety plans.

Take a deep dive into the experiences of frontline providers and researchers; explore insights into health care; hear what nursing is all about.

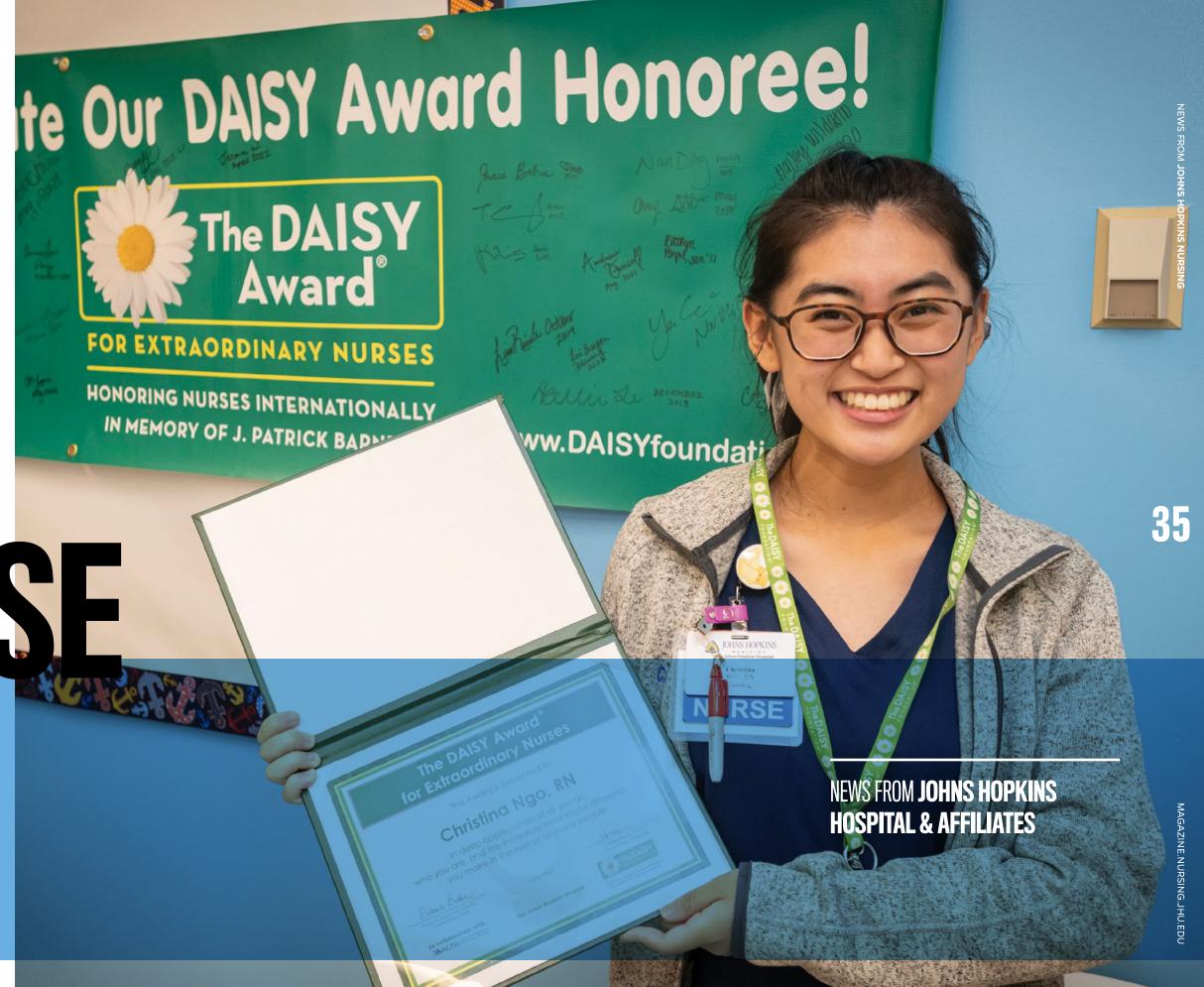
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Johns Hopkins Nurse by emailing DAISYAWARD@JHMI.EDU

JH NURSE

JHPIEGO'S MIDWIFE LISTENING TOUR **BALTIMORE MAGAZINE'S BEST NURSES** A LETTER FROM DEBORAH BAKER **DAISY WINNERS**





Sharing Trauma

Jhpiego listens to nurses, mothers, and midwives, learns that overwork and underpay are just parts of the story

BY MARYALICE YAKUTCHIK

If nurses and midwives are trained, and health centers equipped, then women will seek pre- and postnatal care. Mothers and newborns will survive and thrive. Development goals will be met. For decades, well-intentioned assumptions like these have prevailed—and largely failed. Maternal and newborn mortality and morbidity rates remain stubbornly high. Global goals, distant.

Casting assumptions aside, Jhpiego sought evidence to change things up. A research team listened to midwives and nurses. It polled pregnant women and new mothers, asking about their realworld experiences in clinics and delivery rooms. The aim was twofold: First, dissect the caregiver-client dynamic; and then, intentionally transform service approaches to ensure safe, respectful, and valuable experiences for all involved.

With Bill & Melinda Gates Foundation support for the Antenatal/Postnatal Care Research Collective (ARC), Jhpiego and ThinkPlace recently published insights and intervention prototypes to raise awareness about the experiences of women and nurses/midwives in Ethiopia, Kenya, Malawi, and Mali. The government of Ethiopia and Midwives Association of Mali also contributed.

"We were hearing women across all the countries say they crave a much more personalized and individual relationship with health providers," says Jhpiego's Anne Hyre, a longtime nurse midwife who's directing the ARC Project. "Some used the word 'intimate.' They really want to get to know the health care provider and have the health provider know them."

The reports show that no matter how modern the facility and skilled the staff, women will not seek care early in, during, or after their pregnancies if care doesn't resonate with local customs and its value isn't perceived by women and families. "The way care is provided in so many countries is not conducive to that individualized, personal, intimate care that women desire," Hyre says. "Women see a different midwife each visit, and see many different health care providers during a single visit. There's no continuity of care between antenatal and postnatal visits. I am struck by how far we are from providing what women want."

"I AM STRUCK BY HOW FAR WE ARE FROM PROVIDING WHAT WOMEN WANT." Importantly, these reports also reveal that chronic stress and anxiety often prevent midwives from cultivating relationships with clients and ultimately impact clients' experience of care, a key driver of care-seeking behavior. Being overworked and underpaid undermines caregivers' sense of self—and the services they deliver. So too does trauma.

"We've been focusing on shortages of human resources, equipment, and medications," Hyre says. "But this report makes it clear that we're not going to make real progress until we really address the underlying emotional stressors— the very real trauma that midwives face day to day."

The reports describe innovations like Club Courage, a simple, low-cost intervention that enables midwives to address stress and trauma by mutually supporting each other.

"Club Courage focuses on the midwives themselves, on their everyday lives," says Jhpiego's Aissata Ba, a maternal health care researcher in Mali.

"They said that the activity helped decrease their stress levels and left them feeling 'refreshed,' which they predict will have a positive effect on their interactions with clients."

After the midwives used cards specially designed to prompt candid discussions about care of self, clients, parents, family, and colleagues, one of the Mali midwives remarked: "This is the first time that [anyone] is addressing us with an activity specific to ourselves."

A midwife colleague agreed, adding that previous trainings were strictly technical in scope and always focused on clients. "[Club Courage] reinforces our connections. It's fun. It's about changing behavior. It will help us to improve the quality of our care and ease collaboration."

For more information on the Antenatal/Postnatal Care Research Collective (ARC), visit magazine.nursing.jhu.edu/ARC.





No Matter Where You Are, You're Always a Johns Hopkins Nurse

As a graduate of the Johns Hopkins School of Nursing, it is thrilling to read about all the exciting things students and fellow alums are doing in each state across the country. In my role as senior vice president of nursing for the Johns Hopkins Health System, I oversee our nursing staff at Johns Hopkins Medicine locations in three areas of the United States—Maryland; Washington, DC; and Florida. And while each location is distinct and has an impact in unique ways, there are common traits among every Johns Hopkins Nurse—regardless of your role, care setting, or geography.

Johns Hopkins Nurses have a legacy of curiosity and valuing evidence-based decision making. Quite simply, Johns Hopkins Nurses ask "why." It seems to be part of our DNA—that desire for continual learning and understanding. We ask this of ourselves and our mentors, preceptors, providers, and colleagues. For example: Is this the best plan of care? Are the patient's goals of care considered? At the heart of such questions is the desire to know more, to be the best, to provide the most expert care to our patients.

Johns Hopkins Nurses are not afraid to challenge the status quo. This trait goes hand-in-hand with asking "why." Understanding the reason we do something a certain way, or follow a certain process, drives our next questions: Can we do it better or differently? How do we know there isn't a more efficient process, a more robust tool, a new evidence-based practice that can lead to a better outcome? Across each JHM member organization our academic medical centers, community hospitals, pediatric facilities, outpatient centers, and at-home medical services—our nurses conduct research, evidence-based practice, and qualityimprovement projects to discover if there is a new or better way to provide care and improve patient outcomes and safety. When a new best-practice is discovered, the goal is to share across units, departments, hospitals, or the entire health system.

Johns Hopkins Nurses make their voices heard. From the bedside to the boardroom, they are leaders and speak up to share their ideas, opinions, and expertise. Frontline nurses sit on governing councils for their unit, department, and organization. They participate in advisory groups and communities, offering their expertise and passion to solve problems and improve their practice environment. They are empowered to use their voices, not only to take excellent care of patients, but to influence change at all levels of the enterprise.

In the end, whether you are a graduate of the Johns Hopkins School of Nursing or an RN within one of our hospitals or clinics, once a Johns Hopkins Nurse, always a Johns Hopkins Nurse. The immeasurable qualities you possess are part of who you are, wherever your career may take you. ■

Deborah J. Baker, DNP, RN, NEA-BC, FAAN, is senior vice president for nursing for the Johns Hopkins Health System. She also serves as vice president for nursing and patient care services at The Johns Hopkins Hospital.





BRAIN TRUST: Representing Johns Hopkins at October's ANCC National Magnet Conference in Philadelphia are, from top left, Sharon Smyth, CNO at Bayview Medical Center; Deborah Baker, senior VP for nursing for the Johns Hopkins Health System; LeighAnn Sidone, CNO/VP for nursing at Suburban Hospital; Ron Langlotz, CNO/VP for nursing at Howard County General Hospital; and Melissa Macogay, CNO/VP for nursing at All Children's Hospital.





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January 2022 | Katelyn "Kate" Payne

Katelyn "Kate" Payne of the Pediatric Intensive Care Unit was nominated by a fellow nurse for incredibly loving and selfless care she provided to a patient who had been on the unit for several months, and the support she provided to the patient's family during an unbelievably difficult time. The moving nomination letter described Kate's special connection to this patient and family: She "celebrated his wins, no matter how big or small" and went "above and beyond for them on days when she wasn't even their assigned nurse. ... Kate touched this family's life and loved their sweet, sweet child in ways that they will cherish forever and absolutely never forget."

Images of other JHH DAISY Award winners are at MAGAZINE.NURSING.JHU/DAISY

February 2022 | Lori Beayon

Colleague Kat Dudley nominated Weinberg 3 operating room nurse Lori Beayon for going above and beyond to help several patients after her shift was over. As Beayon was headed to her car in the McElderry garage, she realized the elevators were not working and nearby stairs were closed for construction. Noticing several elderly visitors waiting for the elevator, she jumped to help get them safely to their destinations. "Although she was off duty, Lori took it upon herself to help patients in need."





March 2022 | Rosemary Kollosch

Rosemary Kollosch of Zayed 10 West was nominated by a patient for being an attentive, expert, and comforting nurse. During a time of distress post-surgery, Kollosch rushed to help, providing the patient with skilled care and reassurance that everything was going to be OK. She continued to check in on the patient the following day to see how he was doing. "It was just so comforting, it's hard to describe," remarked the patient.





April 2022 | Jazmin Williams

Jazmin Williams of Zayed 11 West was nominated by a patient admitted overnight for monitoring after surgery. The patient wrote that he knew he was in good hands as soon as he met Williams. She calmed him, made him and his spouse feel comfortable, listened to all of his concerns, and expertly answered all of his questions. The patient was so impressed with Williams' knowledge and expertise, he assumed she must be a seasoned nurse. Told she had been a nurse for just a year and a half, the patient was "shocked and amazed. She seemed settled into the profession like she had been doing it for years."

May 2022 | Claire Logue

Claire Logue, senior clinical nurse from the JHOC Hematology Clinic, was nominated by a patient (who also happened to be a nurse and DAISY winner at another hospital) for her expertise, attention to detail, and dedication. The patient wrote that Logue was instrumental in ensuring that her care plan was specialized and tailored to her unique situation, communicating frequently and providing the patient with trust and compassion during a difficult time. "Claire makes you feel like you are her only patient."



Recognizing Johns Hopkins Hospital nurses for skilled, compassionate care that goes far beyond the call of duty.

For questions about the DAISY Award or to nominate a nurse, contact DAISYAWARD@JHMI.EDU

Farewell from JHNAA President
Jane Ball and a welcome
to new leaders; Alumni
Awards Roundup; Church
Notes; and more.



VIGLANDO:

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JANE W. BALL, DRPH, MPH, RN

Get Our E-Newsletters

Stay in touch! Update your email address now to receive the quarterly Alumni E-newsletter and annual Dean's Update. Send a message to JHNAA@JHU.EDU.

Dear Alumni,

This is my final letter as president of the Johns Hopkins Nurses' Alumni Association. The past four years as president and the three before that as a board member have been a rewarding experience. Collaborating with all our alumni board members, working to enhance the alumni and student interest in the JHNAA, attending Alumni Weekend events, presenting 50-year reunion medallions to jubilarians, greeting new SON alumni at their graduation, serving as a member of the Dean's Nursing Advisory Board, and conducting the 130th JHNAA annual meeting were all especially memorable.

Think about it—a nurses' alumni association that has been in existence since 1892 when our school's first graduates decided to form an association. We have a long, proud history as alumni of the various Johns Hopkins nursing education programs. Consider exploring the history of our nursing programs and our alumni at nursing.jhu.edu/nursearchive.

We have three current board members who are assuming leadership of the JHNAA, and each of them has made great contributions to the JHNAA over the past couple of years. Fernando Mena-Carrasco is now president, Korrina Lau is vice president, and Martha Abshire remains treasurer. The JHNAA is in good hands with these new leaders. We also have three new board members: Lou Bartolo, Garrett Matlick, and Jeffrey Vu. For the first time, we have a majority of men serving as board members of the JHNAA. We have also done our best to have alumni representatives from as many different programs, as well as geographic distribution, as possible. Please join me in welcoming the new leadership and members of the JHNAA.

I want to acknowledge Katie Coleman, the director of constituent engagement, who has been our liaison between the JHSON and the JHNAA. She is the reason we have been so successful in expanding alumni outreach over the past couple of years.

As I reflect back on my experiences as a Hopkins nurse and my role as president of the JHNAA, I am excited about the future of the school, our alumni, and our alumni association. ■

— Jane Williams Ball, Class of 1969



CLASS NEWS

Carolyn C. Boykin, '56 passed away at the age of 92 in early May. When she retired at 82, she was considered one of the oldest nurses still working at Johns Hopkins Hospital.

Diana Baptiste, '18, Yvonne Commodore-Mensah, '14, and Nia Josiah, '20 co-wrote an article for *Nursing Open* about unethical research practices and the history of Henrietta Lacks.



Stacey Garnett, '96 was promoted to chief nursing officer at Sheppard Pratt, the nation's largest nonprofit provider of mental health and substance use services.

Rachel Walker, '07, '13 was named as one of the top 12 nurses who advocate for LGBTQ+ patients by the Nurse Journal.

Lisa Rowen, '98, '04 was appointed to the University of Maryland Upper Chesapeake Health board of directors.

Congratulations to the following JHSON alumni inducted as 2022 fellows in the American Academy of Nursing:

Kelly Bower, '00, '02

John Cranmer, '04, '07

Kelly Gleason, '18

Marian Grant, '00, '02

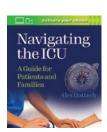
Michelle Patch, '08, '19

Cori Baill, '78, '89 published the children's picture book Why Is Mommy Crying?—explaining early pregnancy loss to young children. The book offers a gentle springboard from which to discuss broader concepts surrounding grief and recovery.

Katie Munday Williams, '04 published the children's picture book Poet. Pilgrim. Rebel: The Story of Anne Bradstreet, America's First



Published Poet and it has been recognized by the Missouri Association of School Librarians as one of the top K-2 nonfiction books of the year.



Alex Gottsch, '17 published the e-book Navigating the ICU: A Guide for Patients and Families. The book aims to improve the entire

ICU experience by empowering the patient and family in partnering with medical staff.

Julie Nicholas, '94 is the lead author on the article Addressing Underreporting of Blood and Other Body Fluid Exposures Among Perioperative Personnel published in AORN October 2021.

JOHNS HOPKINS

IN MEMORIAM

Susan Barker Baird '63 Carolyn Croker Boykin '53 Judith A. Cannon '72 Patricia C. Ford '76 Donna Currier Gude '46 Rose-Marie Derv Jones '56 Florence Smith Milliot '56 Mary Carbery Boyle Morrow '46 Mary Sidwell Poole '54 Karen Newberry Shaw '65 MarvAnn Ouink Slowick '61 Darlyn Schaeffer Warwick '66 **Ashley Daisey Wiggins '09** Kathryn Wells Young '46

Baltimore Magazine included several JHSON alumni in its Excellence in Nursing Awards for 2022:

Lora Clawson, '99

Laura Daly, '12

Yaffa Elefant, '17

Sarah Finlayson, '09

Elizabeth Foreman, '14

Anna Noguchi, '15

Rene Schumante, '91, '00, '07

Margaret West, '16

Bradlev Kuo. '16 and Nancv Russell, '19 were elected as AANP State Representatives for Hawaii and Washington, DC. Their terms began in June 2022.

Ruby Monica Sanford, '97 was appointed to the new American College of Cardiology, Critical Care Cardiology Leadership Council by the director of research & cardiology at NIH, Michael Solomon. She is the only nurse practitioner on the council.



Fernando Mena-Carrasco



Korrina Lau

ALUMNI LEADERS

The Johns Hopkins Nurses' Alumni Association has welcomed Fernando Mena-Carrasco, MSW, MSN '18, BSN '15 as its president and Korrina Lau, MSN '08, BSN '05 as vice president.

"My education and ongoing leadership with the Hopkins School of Nursing has informed my evolution as a nurse and social worker who advances social justice through evidencebased activism," says Mena-Carrasco, chief of the Center for HIV/STI Integration and Capacity at the Maryland Department of Health. "It was during my training when I met fellow students and mentors who strengthened my resolve to integrate clinical practice with social justice advocacy. I learned that nurses not only provide clinical care but have a critical role in policy design and leading systems of care." Becoming JHNAA president "enables me to elevate our professional obligation to address health inequities through our spheres of influence."

Korrina Lau worked as a bone marrow transplant nurse for eight years at Johns Hopkins Hospital while earning her MSN. Lau worked as a community based medical oncology nurse practitioner and a radiation oncology NP at University of Maryland Medical Center, before moving home to California. Lau is an oncology therapeutic area field trainer for the biotech firm Genentech, currently on rotation as a breast oncology marketer.

"For me, the Johns Hopkins School of Nursing was integral in the discovery of my passion for oncology, bringing care to patients in underserved communities, and educating on new treatments for various disease states," Lau says. "My career was founded on these passions, and so when I heard the JHNAA was expanding its representation across the nation, I wanted to join to give back to the institution and community that had shaped me." ■



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Alumnity Week

At the end of September, the Johns Hopkins Nurses' Alumni Association (JHNAA) hosted its first "Alumni Community Week" to bring together all Hopkins Nurses—not just alumni, but students, faculty, staff, and community partners.

In-person and virtual events were held throughout the week, including a New Nurse Mentoring Meet-Up designed to help ease the transition for recent graduates into the nursing profession; a Virtual Nursing Grand Rounds that explored heterogeneity in cardiovascular disease risk factor prevalence among ethnic minority populations in the United States; and the annual JHNAA Business Meeting & Dean's Address. This year marked the 130th meeting of the Johns Hopkins Nurses' Alumni Association. During the meeting, new officers were elected. Dean Sarah Szanton also provided an update and conducted a listening session gathering alumni feedback to help inform the school of nursing's strategic plan.

To conclude the week's celebrations, an in-person Cocktails & Conversations event at the school allowed for much socialization but also for meaningful peer dialogue. The JHSON nursing community came together to explore the role of nurses in promoting equity in shared decision making to drive health outcomes and dismantle practices that perpetuate racism and oppression.

Thanks to all who participated. \blacksquare





ALUMNI AWARDS ROUNDUP

Congratulations to all 2022 JHNAA and Dean's Award winners.

JHNAA Award Winners



Siew Lee Grand-Clement, '06—Distinguished Alumnus Award

With 20 plus years of nursing experience, including receiving her MSN from JHSON and adult critical care nurse specialist certification, Siew Lee Grand-Clement

has diverse experience in leading change and transforming operations to deliver results in U.S. and international health care settings. In her role as vice president for nursing and quality at UPMC International, Grand-Clement drives nursing and quality initiatives throughout multi-national locations. She is also acting chief operation officer for a UPMC-managed greenfield hospital in China, leading the design, construction, preoperational and strategic planning of a 500-bed, international-standard hospital. Grand-Clement is currently pursuing her DNP in health system executive leadership.



Diane Becker, '64, '78, (BSPH) '79, (BSHP) '84 -Heritage Award

Diane Becker, an expert in the prevention and management of coronary disease, was a 1964 graduate of the Johns Hopkins Hospital School of Nursing and

completed a master of public health in 1979 and a doctor of science in health policy and management in 1984 at the Bloomberg School of Public Health. In 1987, she was the first nurse to receive a primary academic appointment in the School of Medicine, in the Department of Medicine Division of General Internal Medicine, with a joint appointment in the Bloomberg School Department of Health Policy and

Management. With her colleague and husband, Lewis Becker, a professor in the Department of Medicine Division of Cardiology, she founded the Johns Hopkins Sibling and Family Heart Study (GeneSTAR), which has collected data over 35 years to investigate genetic and lifestyle risk factors for early heart disease. Becker was also a founding member of the Heart, Body, and Soul program, which ensures that the East Baltimore community has a voice in all community health initiatives. A passionate supporter of the Johns Hopkins Nursing Alumni Association, Becker worked with some 100 classmates to raise over \$500,000 to fund the Class of 1964 Terrace as part of an expansion to the School of Nursing's Anne M. Pinkard Building. Becker, who died in November 2021, was a distinguished nurse researcher and mentor, a trailblazer for the nursing profession, and a role model.



Lisa Tran, '17, '20— Outstanding Recent Graduate Award

Lisa Tran was nominated for her work as a nurse practitioner resident at Chinatown Service Center, an FQHC that has been a long-standing resource for Asian

immigrants in Los Angeles. She quickly became an indispensable leader of the newly formed COVID mobile team that provided free COVID testing and information, and then supplied over 60,000 COVID vaccines to the immigrant community that had much mistrust. Tran created multilingual education materials and forms that increased accessibility to scientifically-backed health information. She and her team worked with community leaders across LA County to provide free COVID vaccines and education to underserved individuals. Tran had her pulse on the LA community and assured that there was little or no waste with the COVID vaccines, even if it meant that she had to go out to a local park to provide some vaccine education! She worked with local organizations like Asian Americans Advancing Justice to dispel vaccine myths and canvas underserved areas. Her efforts increased vaccine uptake by 600

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percent in Chinatown alone, which was noticed by prominent political leaders like Supervisor Hilda Solis and Governor Gavin Newsom. Tran continues to create impactful change during these hard times of the pandemic compounded by anti-Asian hate crimes. After her residency, Tran accepted a position at Planned Parenthood Los Angeles, where she currently works as a float nurse practitioner. Due to the current overturned *Roe v. Wade*, California is now a safe haven for those seeking abortion services with Planned Parenthood at the helm.



2022 SON Dean's Awardees

Yvonne Commodore-Mensah, '14, '19 (BSPH) earned the Outstanding Nurse Researcher Award, honoring alumni whose research and achievements have

brought personal distinction, enhanced the profession, and improved the welfare of the public. She has a passion for helping underserved populations. Through her community outreach research in Baltimore City, across Maryland, and in Ghana, Commodore-Mensah has improved the health of underserved ethnic minority persons by improving control of diabetes, hypertension, and heart disease.

Jessica Peters, '16 earned the Outstanding Nurse Clinician Award. Peters has served as an acute care nurse practitioner within the Weinberg Critical Care Unit at Johns Hopkins Hospital unit since 2009. Her practice interests include care coordination, patient-family centered care, and unplanned critical care readmissions for patients with medical and surgical complexity. As clinical faculty at JHSON, she is a mentor to many students.

Nancy Gentry Russell, '19 earned the Outstanding Nurse Educator Award for excellence and innovation in the teaching of nursing. An assistant professor at JHSON, Russell has applied enthusiasm for student learning and advanced practice by infusing her courses with innovative teaching strategies and enhancing faculty-student engagement. Russell is committed to student success. She incorporates her clinical knowledge and experience as an FNP into her teaching and helps students integrate theory and practice.



Rebecca "Becky"
Carson, '16
is the second
recipient of the
Outstanding Nurse
Educator Award. A
pediatric nurse
practitioner and
clinical assistant
professor at the
Catholic University
of America, she
created a podcast,

The Peds NP, as an approach to give her asynchronous students weekly feedback in a new and engaging way. As a rising star in pediatric acute care education, Carson is truly demonstrating excellence and innovation in nursing education.

Michael Frakes,
'97 earned the
Outstanding Nurse
Leader Award for
those who serve
as champions for
the profession and
whose practice
goes above and
beyond. Since
graduating with the
Accelerated Class
of 1997, Frakes



has been a professional and clinical leader in the specialty of transport nursing. A well-respected leader on emergency, critical care, and transportation, he is a national speaker, dedicated author, and educator, and has served on a number of professional boards.

A New Category for 2023

The Outstanding Policy Influencer Award will honor alumni whose policy and advocacy accomplishments at the local, regional, national, or international level have made a significant impact in their field or whose policy and advocacy work has improved the health of individuals, communities, or populations; and who demonstrate how nurse leaders are providing outstanding contributions to health policy issues. ■

Nominations for this new award are now open (through Jan. 31, 2023) at **nursing.jhu.edu/deanawards.**





This past spring, we were grateful to celebrate a reunion with the Johns Hopkins School of Nursing for the 18th year. After the stress and limitations of the pandemic, it was a joy to bring together the Church Home 50-year honorees from the classes of 1970, 71, and 72.

This is a special tradition, and I know I speak for all alumni in expressing our deepest thanks and appreciation for including us to share in such a special time.

Alumni were very excited to enjoy the Reunion Weekend in the new Johns Hopkins School of Nursing, notably the No. 1 nursing school in the country. The building is spectacular, and there are special touches of note throughout, namely the quilt in the lobby. The two squares made by Barbara Zelenka Spink, '69 look beautiful and really made for Kodak moments over the weekend. Alumni also enjoyed seeing the donated bench in the courtyard and the plaque dedicated in 2014 that honors the special relationship between the two alumni associations.

The Church Home & Hospital Distinguished Alumni Award was very deservingly presented to **Patricia Kniffin Roberts**, '65. Pat's support to the Freda

Creutzburg Scholarship, which benefits Johns Hopkins

Nursing students, has been generous and ongoing.

(The scholarship continues to grow and to date has a market value of over \$400,000. The latest recipient,

Rosie Khorshidirozbahani, was awarded \$12,000 to enhance her education and fulfill her dream to serve vulnerable populations worldwide.)

CHURCH NOTES

IN MEMORIAM

Bonnie Bossom Howard, '59 Nancy Bowler Waligorski, '64 Rosa Rueckert Hubbard, '62 Louise Shaw Miller, '46

The White Coat Drive was again supported by Church Home alumni as new Hopkins students begin their nursing journeys.

Pat also has spent her entire life

giving back not only as a nurse,

but also as a good person to all.

Many historic items donated by Margaret "Peg" Armstrong, '55 were donated to the Allan Mason Chesney Medical Archives.

The Nursing Honor Guard, established in 2021, attended three funeral services of deceased alumni to pay tribute to their lives as nurses.

I look forward to Reunion Weekend 2023, when I will have the distinct pleasure of marking my own 50-year celebration.

A Gift for a Special Lady

When Barbara Zelenka Spink, '69 heard that Peg Armstrong had lost her home and was moving into Jacobs Well Assisted Living, Barb thought Peg could use something to make her new place a home. So, an award-winning quilter, Barb crafted a beautiful, handmade creation of the "Busy Bee" for Peg to enjoy.

Deborah Corteggiano Kennedy is president of Church Home and Hospital Alumni. 51

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*University Trustee Emeritus

Wind at our backs: After 25 years, Wally Pinkard has retired as chair of the Nursing Advisory Board (NAB), a tenure defined by leadership, strategic vision, a love for Baltimore, and an entrepreneurial spirit that helped lead JHSON to unparalleled successes. A weather vane now sits atop the south wall of the Courtyard to symbolize his role in helping JHSON become and remain a preeminent school of nursing. Natalie Bush, RN, becomes NAB chair. "We greatly appreciate all of Wally's leadership on the NAB, and look forward to his continued friendship and support of our school," says Dean Sarah Szanton, PhD, RN, FAAN.

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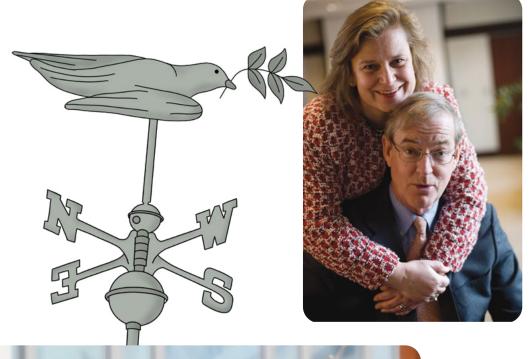
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A TOAST TO







Clear direction: In 25 years as chair of the Nursing Advisory Board, Wally Pinkard (with wife Mary-Ann so often beside him) was known for his humor, vision, and generosity, a steadying force, no matter the weather.

Johns Hopkins School of Nursing

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