

# MIND THE GAP:

**Preparing Nurses  
to Practice  
with Resilience  
& Integrity<sup>®</sup>**



RESILIENT NURSES INITIATIVE

— HEALTHCARE QUALITY —

**Social Media Toolkit**

Photo: Cephalopod by Shannon Walters

## Overview

The Frontline Nurses WikiWisdom Forum. It collected resilience insights from 270 nurses, nursing students, and educators; their words are reflected in five key recommendations in “Mind the Gap: Preparing Nurses to Practice with Resilience & Integrity,” which is now available.

“R3: Renewal, Resilience and Retention Initiative in Maryland Nurses,” a Maryland Higher Education Commission NSPII grant, seeks to integrate Mind The Gap’s recommendations, and other information, systematically into nursing education across Maryland.

# Blog

Amidst the Coronavirus pandemic, the Resilient Nurses Initiative of Maryland partnered with WikiWisdom to create the Frontline Nurses WikiWisdom Forum. It collected resilience insights from 270 practicing nurses, nursing students, and educators; their words are reflected in five key recommendations in “Mind the Gap: Preparing Nurses to Practice with Resilience & Integrity,” which is now available.

It’s time for a new paradigm in nursing education, one that prepares nurses as individuals and as a profession to find their voice, honor their contributions, and support one another so they may meet their challenges with resilience and integrity.

The future of the profession depends upon it.

“R3: Renewal, Resilience and Retention Initiative in Maryland Nurses,” a Maryland Higher Education Commission NSPII grant, seeks to integrate Mind The Gap’s recommendations, and other information, systematically into nursing education across Maryland.

# Twitter

NOW AVAILABLE: 270 nurses, nursing students, & educators shared what keeps them resilient and fosters ethical practice. It’s distilled into 5 recommendations in “Mind the Gap: Preparing Nurses to Practice with Resilience & Integrity” [LINK]

It’s time for a new paradigm in nursing education, to better prepare nurses for the future. “Mind the Gap: Preparing Nurses to Practice with Resilience & Integrity” seeks to incorporate these 5 key recommendations

Mind the Gap recommendations:

- Modernize curricula for 2021
- Make education more like real life
- Expand support systems for students & new nurses
- Strengthen connections between students & experienced nurses
- Support the whole student

[LINK]

The Mind the Gap report...

- Uncovered resilience strategies via conversation

- Found opportunities to enhance resilience & integrity
- Champions a systems & individual approach to healthy learning
- Says we must focus on humanity, now

Here's how [LINK]

Thought leaders from “Mind the Gap: Preparing Nurses to Practice with Resilience & Integrity” discuss the report’s recommendations. Watch the panel [LINK]

## **Twitter handles:**

Cynda Rushton, PhD, RN, FAAN

@CyndaEthx

Johns Hopkins School of Nursing

@JHUnursing

Johns Hopkins Berman Institute

@bermaninstitute

## Facebook/LinkedIn

NOW AVAILABLE: 270 practicing nurses, nursing students, & educators informed what keeps them resilient and fosters ethical practice as students learn and transition into practice. It's distilled into 5 recommendations in "Mind the Gap: Preparing Nurses to Practice with Resilience & Integrity" [LINK]

It's time for a new paradigm in nursing education, to better prepare nurses for the future. "Mind the Gap: Preparing Nurses to Practice with Resilience & Integrity" seeks to incorporate 5 key recommendations from practicing nurses, nursing students, & educators into the pipeline from education to practice across Maryland [LINK]

Mind the Gap recommendations:

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