

# JOHNS HOPKINS NURSING

Collaboration helps nursing researchers  
spread the wealth, share the challenge,  
and **lead the way against thorny issues**

## Cells to Society

Annual roundup of faculty and student research publications

## Got the T-Shirt

Master's Entry students organize a fundraiser for We the People, then march on Washington

## Exclamation Point

Dean Emerita Martha Hill retires with grace and gusto



# #WeGotThis

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### NOTES FROM THE DEAN:

## All Together Now: Collaboration



*“These are the teammates and collaborators we all want and ... many more of them are in the pipeline.”*

The best ideas come in threes—and fours, and fives, and ... you get the idea. Collaboration and teamwork are everything here at the Johns Hopkins School of Nursing, on the JHU medical campus, in the hospital, in community health care centers—wherever we can create it across Baltimore, America, and the world.

For this issue of *Johns Hopkins Nursing*, we decided to feature a representative look at home-grown collaborative efforts that are changing lives and, often, the very ways we think about nursing and health care in general (“Cross-Pollination,” Page 16). It will be fascinating in the years to come as we watch more of our junior researchers—raised on interprofessional cooperation—enter significant and impactful collaborations that pull us with them into the future. And of course established and celebrated researchers like Phyllis Sharps, PhD, RN, FAAN, and Kelly Bower, PhD, MPH, RN, have been leading the way for some time now.

Recently we graduated—proudly—our first cohort of MSN: Entry into Nursing Practice students (“First Class,” Page 07). This program was such a labor of love ... and a necessity. The graduates we’ve sent forward into the nursing profession are many of our best prepared yet. Trained within an interdisciplinary approach, these are the teammates and collaborators we all want and, with the Master’s Entry program now fully established, many more of them are in the pipeline.

We’re also thrilled to be launching a dual-degree Doctor of Nursing Practice (DNP)/ Doctor of Philosophy in Nursing (PhD) program that is quite literally a game changer, the first of its kind (“NSPIL Grants Expand Educational Opportunities,” Page 07). Imagine a nurse with the combined caregiving tools, research skills, compassion, insight, and experience to take a bright idea from inception through data collection to evidence-based breakthrough to implementation in the community and in health care policy.

We did. And that nurse will soon be here. Stay tuned.

### The Fondest of Farewells

Martha Hill, PhD, RN, FAAN, so long a global leader in the nursing profession and a fixture at Johns Hopkins for decades, recently retired to much deserved fanfare (“Exclamation Point,” Page 08). After one more opportunity to urge on a class of graduates, Martha left our faculty ... but not nursing. We stand on the shoulders of giants around here, and Martha’s have been as sturdy as any. She will continue to be a mentor, an inspiration, and a friend to nursing.

This magazine owes its existence to her vision and drive to establish excellence and a stronger voice for nurses, to trumpet nursing science and show the world why a Johns Hopkins education is such a precious commodity. We will strive to maintain these inspiring goals. Meanwhile, we hope you enjoy the rest of the Summer 2017 issue.

Patricia M. Davidson  
PhD, MEd, RN, FAAN  
Dean, Johns Hopkins School of Nursing



**Hylton Warburton** is one half of the husband-and-wife team Studio Warburton, which creates brands, experiences, and illustration that connect with people. Warburton and wife Chantelle have worked with clients including *Fast Company*, the *Washington Post*, and *Jamie Magazine* as well as startups from the U.S., United Kingdom, Senegal, and South Africa. For this issue, he envisioned playful scenarios to show how collaboration enriches research at Johns Hopkins and beyond (“Cross-Pollination,” Page 16). More work is at [studiowarburton.com](http://studiowarburton.com).



Baltimore freelancer **Brennen Jensen** has written for a number of Johns Hopkins University publications. It’s fitting, then, that his first piece for *Johns Hopkins Nursing* (“Cross-Pollination”) discusses how the school is increasingly reaching out to other institutions and creating collaborative research projects. He is a former senior writer for the *Chronicle of Philanthropy* whose byline has appeared with some frequency in *AARP the Magazine*, *Washingtonian*, and *Baltimore STYLE*. His website is [brennenjensen.com](http://brennenjensen.com).



**Joy Ho** is a Singapore-based cartoonist and illustrator who recently finished her bachelor’s degree in fine arts at the Maryland Institute College of Art, where she focused on illustration, art history, and book arts. For a look at how nurses can help out in times of social unrest (“What Nurses Need to Know: the March Toward Calm,” Page 14), she conjured a world where numbers speak for themselves, loudly and clearly. Joy’s illustration and comics are at [joybigailho.com](http://joybigailho.com).

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### Editorial Mission

*Johns Hopkins Nursing* is a publication of the Johns Hopkins School of Nursing, the Johns Hopkins Nurses’ Alumni Association, and the nursing departments of the Johns Hopkins-affiliated hospitals. The magazine tracks Johns Hopkins nurses and tells the story of their endeavors in the areas of education, practice, scholarship, research, and national leadership.

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### LETTER TO THE EDITOR:

## And Let Us Play Among the Stars



We’ve come a long way since then, the handwritten names on shiny, coated cardboard that greeted guests at An Evening with the Stars several years back. It was a very genuine if humble gesture born of an idea that had come almost too late for the event: Honor a nurse and support the education of new ones by “buying” a star. And so our paper galaxy had been laid out along a path that would guide guests to the celebration of the best that Johns Hopkins Nursing has to offer.

Mom’s star sat amid a cluster on the floor of the Pinkard Building. As the new guy, I’d bought it mostly to show myself to be a team player. Still, when I saw her name down there, all of the mourning I had yet to do hit me like an actual

celestial body dropping from the sky. She’d have been laughing—a floor nurse! Perfect, for she’d been that, an emergency nurse, and so many other things. Mom spent all of her caring on others with none left for herself. She wore out and left us still needing her. There’s a lesson there.

She’d be proud I am part of Johns Hopkins—still disappointed I’ve never written that novel. She’d probably be amazed at what an impact she’s had on my life and, as with the paper stars, her heart was in the right place.

I hope you might think about buying a star this year too. (Not for my mom, for heaven’s sake. More than one of her in a room? Good luck.) And don’t expect actual gold and silver—you’re still buying into an idea, after all. You can do it at [nursing.jhu.edu/stars](http://nursing.jhu.edu/stars). Meantime, enjoy the Summer 2017 issue of *Johns Hopkins Nursing*, and see you in November at An Evening with the Stars.

Steve St. Angelo



# ON THE PULSE

News from **Around the School**

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## Veenema Named Distinguished Nurse Scholar-in-Residence

Associate Professor Tener Goodwin Veenema, PhD, MPH, MS, RN, FAAN, has been named 2017-2018 Distinguished Nurse Scholar-in-Residence at the National Academy of Medicine (NAM).

"I look forward to working with colleagues at NAM to advance the science that underlies health policy for disaster and public health emergency preparedness," she says.

Veenema plans to use the program to expand her leadership experience in advancing national preparedness and interprofessional workforce readiness in public health emergencies. She is the second faculty member from JHSON chosen for the role, following Professor Jacquelyn Campbell, PhD, RN, FAAN (2005).

Internationally recognized for her expertise in disaster nursing and public health emergency preparedness, Veenema serves as a member of NAM's

Standing Committee for the Centers for Disease Control and Prevention (CDC) Division of Strategic National Stockpile. She has previously served as a senior consultant to government organizations including the departments of Health and Human Services, Homeland Security, Veterans Affairs, the Administration for Children and Families, and the Federal Emergency Management Agency.

Veenema is a recipient of the International Committee of the Red Cross Florence Nightingale Medal, the highest international distinction a nurse can achieve, and the Visiting Fulbright U.S. Scholar Award. At Johns Hopkins, she has hosted hospital administrators, educators, nurses, military, and public health officials to discuss advancing the science and practice of disaster nursing, and she participated in the CDC/Johns Hopkins team to develop training modules for donning and doffing of personal protective equipment when treating Ebola patients. ■

### THE NEWSROOM

For a roundup of recent Johns Hopkins School of Nursing headlines, media coverage, and social media offerings, visit [nursing.jhu.edu/news-events](http://nursing.jhu.edu/news-events). Follow the nursing blog at [magazine.nursing.jhu.edu/blog](http://magazine.nursing.jhu.edu/blog). And sign up to receive the Cells to Society research newsletter by emailing a request to [son-editor@jhu.edu](mailto:son-editor@jhu.edu).



MSN: Entry into Nursing Practice students organized a fundraiser for the We the People Campaign, then marched on Washington.

## Got the T-Shirt

Ominike "Nikki" Akinleye was here. And there. And everywhere. Akinleye, a May graduate of the inaugural MSN: Entry into Nursing Practice program, cut a swath through the Johns Hopkins School of Nursing as well as the Baltimore community. She takes a few souvenirs with her, including her spot as student speaker at graduation, the admiration of her peers, and the Reverend Melvin B. Tuggle Community Excellence Award.

"Reverend Tuggle and our community members were thrilled with your work developing and implementing the Dunbar Nursing Enrichment Program, part of the Dunbar Partnership, and an integral influence on the futures of our young people in East Baltimore," says a letter announcing the award. The confidence-building program introduces juniors and seniors from Paul Laurence Dunbar High School to the profession of nursing.

Akinleye was of course also involved as MSN: Entry into Nursing Practice students organized a fundraiser to support the We the People campaign, which offered free artwork for protest signs at the Women's March on Washington in January 2017 and elsewhere. (Akinleye and her colleagues turned the art into T-shirts.) As a thank you, We the People presented the students with large-format posters that celebrate diversity and freedom. These souvenirs have been donated to the Johns Hopkins School of Nursing as a gift from Akinleye's cohort and are on display in the Pinkard Building. ■

# Always helping others



For Derick Ansah, service is a way of life.

The Hopkins medical student was inspired to become a doctor while helping wounded warriors at Walter Reed National Military Medical Center.

And his experience with Hopkins' Student Sight Savers, giving free eye exams to Baltimore's underserved, focused his interest on ophthalmology.

Ansah credits the Davis Family Foundation Scholarship with enabling him to take advantage of all that a Hopkins education represents and "achieve almost anything I could dream of."

Those dreams will likely involve service. Ansah already has a plan to deliver care in crises abroad.

#HopkinsRising   



Together, there's more we can do to help great students like Derick Ansah obtain a Hopkins education.

Watch his video at

[rising.jhu.edu/always-helping](http://rising.jhu.edu/always-helping) and join us in *Rising to the Challenge*.



THE CAMPAIGN FOR JOHNS HOPKINS

## FIRST CLASS

The inaugural students of the MSN: Master's Entry into Nursing Practice program graduated in May, their payoff for putting faith in a program built as an accelerated path to nursing leadership. The class of 130-plus, drawn to nursing from many other walks of life, paved the way for cohorts to come.

VIEW IMAGES FROM THE GRADUATION CEREMONY AT [MAGAZINE.NURSING.JHU.EDU/GRAD17](http://MAGAZINE.NURSING.JHU.EDU/GRAD17)



## NSPII Grants Expand Educational Opportunities

The School of Nursing has received three Nurse Support Program II grants to fund new educational opportunities including a DNP/PhD dual-degree program, an acute care pediatric nurse practitioner program, and expanded curricula in palliative care. The grants (more than \$3 million total) are funded by the Health Services Cost Review Commission of the Maryland Higher Education Commission.

### DNP/PHD DUAL DEGREE

The new Doctor of Nursing Practice/Doctor of Philosophy dual-degree program—led by Associate Professor Jason Farley, PhD, MPH, ANP-BC, FAAN—combines the competencies of the DNP degree with the scientific rigor of the PhD. Through the five-year curriculum, students will learn to teach, mentor, conduct and implement clinical research, apply strategies for illness prevention and health promotion, and easily transition into leadership roles in nursing and the broader national and international health care arenas.

### ACUTE CARE PEDIATRIC NURSE PRACTITIONER CERTIFICATE

Assistant Professor Shawna Mudd has developed a certificate program to prepare pediatric nurse practitioners to treat acute and chronic conditions across a variety of settings and through the continuum of care. The 13-credit, three-semester program incorporates hands-on clinical experiences, online classes, an accelerated format, and

opportunities to diagnose, evaluate, and manage health problems of acutely ill children. The grant will also help fund collaborative experiences with the School of Medicine and with partners within and external to the Johns Hopkins Health System.

### ADVANCED PRACTICE PALLIATIVE CARE

The need for more nurses trained in providing palliative care, symptom control, and support for patients and families has driven the proposed development of an advanced practice curricula that can accelerate palliative care competencies among Advanced Practice-Doctor of Nursing Practice graduates. Cheryl Dennison-Himmelfarb, PhD, RN, FAAN, will lead this effort to enlarge the pool of preceptors with palliative care capacity in collaboration with Johns Hopkins Palliative Care Services, the Berman Institute of Bioethics, and other practice partners.

"Our mission to improve the health of individuals and communities across the world starts with excellence in education," says Dean Patricia Davidson, PhD, MEd, RN, FAAN. "With these new grants, we will continue to strengthen our already robust curriculums to promote and advance knowledge, leadership, quality and safety, and academic progression that equates to value for patients and our health care system." ■

VISIT [NURSING.JHU.EDU/ACADEMICS](http://NURSING.JHU.EDU/ACADEMICS) TO LEARN MORE

## Exclamation Point

Martha Hill retires with grace and gusto

An extraordinary journey reached yet another milestone on June 7 as colleagues from across Johns Hopkins, family, and well-wishers turned out to celebrate Dean Emerita Martha Hill, PhD, RN, FAAN, at a retirement recognition event at the School of Nursing.

Tributes flowed and cameras clicked as the school bid farewell to a celebrated leader and collaborator after her more than five decades of healing, teaching, researching, mentoring, and unending service to the nursing profession.

The celebration included the premiere of a career-capping testimonial video. ■



PHOTO BY WILL KIRK

Martha Hill jokes with JHU President Ron Daniels.

VIEW VIDEO AT [MAGAZINE.NURSING.JHU.EDU/MARTHAFILM](http://MAGAZINE.NURSING.JHU.EDU/MARTHAFILM)



## Building to Change the World

The anticipation is building, even though shovels have yet to touch the soil: The Johns Hopkins School of Nursing's \$45 million renovation is moving closer to the groundbreaking phase (scheduled for 2018). The headline above is the official slogan for the school's transformation as well as a spot-on assessment of its aims.

The lack of construction belies the buzz of activity behind the scenes. Recent visitors to campus—and of course students, faculty, and staff—have very likely noticed architects taking notes and measurements. School leadership will share final plans as they become available. Meanwhile, a few updates:

- The Hill Interprofessional Research Commons will house space for research centers and PhD students as well as collaborative space for Johns Hopkins University faculty. It will be named in honor of Dean Emerita Martha Hill, PhD, RN, FAAN.
- Numerous naming opportunities are available at all levels, including conference rooms, seminar rooms, and gathering areas, to name a few.
- A big boost has already come from benefactors including the France-Merrick and Blaustein foundations. The rest will come through continued fundraising as the school begins to show the progress and impact it is making in East Baltimore and beyond.
- The school has leased space at 1755 Massachusetts Ave. NW in Washington DC to expand collaborative opportunities and establish a position closer to national health policymakers. The space—five offices and a shared conference room—will also offer a convenient satellite space during the construction period. ■

To learn more about the Johns Hopkins School of Nursing construction project, its value to students and the community, and how you can be a part of Building to Change the World, visit [building4jhunursing.org](http://building4jhunursing.org) or contact the Office of Development and Alumni Relations at 410-955-4284 or by email at [nurs-devel@jhu.edu](mailto:nurs-devel@jhu.edu).

## SAVE THE DATE

## AN EVENING WITH THE STARS

NOVEMBER 11, 2017

Join in the fun as we add more of the best nurses from the Johns Hopkins family to the galaxy of nursing stars. Watch for updates—and nominate a colleague, a teacher, or a mentor (hurry!)—at [nursing.jhu.edu/stars](http://nursing.jhu.edu/stars).

## NEWS ROUNDUP

### HAT IN THE RING

Assistant Professor Diana Baptiste, who has led the revitalization of the Nu Beta chapter of the Honor Society of Nursing, Sigma Theta Tau International (STTI), is now running for North American Region 12 coordinator of STTI. Her platform: Collaborate, communicate, mentor, and move the nursing profession forward. Voting is in October in Indianapolis.

### HONORS FOR LAURA GITLIN

Laura Gitlin, PhD, has been awarded the title of Isabel Hampton Robb Distinguished Scholar, the first member of the School of Nursing to achieve this honor. The title recognizes achievement at the highest level and potential for ongoing excellence. Gitlin has also been selected as a 2017 recipient of an honorary membership in STTI.

### TRUE CATALYST

Assistant Professor Jennifer Stewart, PhD, RN, is among 34 early-career faculty members representing seven divisions of Johns Hopkins University selected for the university's Catalyst Awards program. Stewart's work focuses on community-based, mixed-methods approaches to HIV risk reduction in underserved populations. Honorees receive a \$75,000 grant.

### DOCTORAL STUDENT AWARDS

- DNP student Cynthia Ward is the recipient of the 2017-2018 Nurse Leader Executive Mentorship Award.
- PhD students Christina Fleming and Ruth-Alma Turkson-Ocran have earned the 2017-2018 Professional Development Award.
- PhD student Tamryn Gray was selected as a grantee for the Doctoral Degree Grant Award in Cancer Nursing by the American Cancer Society.

### WHITE COAT GIFTS

As Master's Entry students make their Nightingale Pledge this summer, pledges from a sponsorship drive will have provided the white coats on their backs. The 138 sponsors donated a total of \$9,370, more than half of which came from students, staff, and faculty. Also represented were alumni from 1954-2017. This year's ceremony is August 31.

### GLOBAL IMPACT GRANTS

Johns Hopkins has launched a cross-disciplinary effort to tackle health equity challenges across the globe, with grants of up to \$25,000. The Alliance for a Healthier World's efforts focus on four key global health themes: food and nutrition security; healthy environments; gender equity and justice; transformative technologies; and institutions. Faculty from different schools will steer the theme areas, including School of Nursing Professor Nancy Glass, PhD, MPH, RN, FAAN.

Information is at [ahealthierworld.jhu.edu](http://ahealthierworld.jhu.edu).

## Work and Play

Nursing students are teachers during a health and wellness event at Henderson-Hopkins K-8 school in East Baltimore. Lessons on a recent day included where food comes from, seed planting, proper oral care, and (for Henderson-Hopkins staff), a smoothie challenge. It's tough to tell who had more fun, kids or adults.

PHOTOS BY CRAIG LEE





# CELLS TO SOCIETY

The Latest in **Nursing Research**

## ONLINE NEWSLETTER: CELLS TO SOCIETY

Our online newsletter captures the best of research publications from faculty and students at the Johns Hopkins School of Nursing. To receive a copy by email, send a request to [son-editor@jhu.edu](mailto:son-editor@jhu.edu).



## TOO BUSY FOR DEPRESSION

Older African Americans are at high risk for depression, but rather than medicate symptoms, Laura N. Gitlin, PhD, Jeanine Parisi, PhD, and colleagues show that programs like Get Busy, Get Better (GBGB) can improve depressive symptoms, decrease functional disability, and enhance how individuals perceive their life as worth living. In the study “Valuation of Life as Outcome and Mediator of a Depression Intervention for Older African Americans: the Get Busy Get Better Trial,” researchers compared a group receiving GBGB (in-home care management, linkage to services, activation, and more) to those who did not. GBGB participants improved significantly in “valuing life,” which in turn accounted for 71 percent of the reductions in depressive symptoms. GBGB helps individuals engage in meaningful activities, reduce situational stress, and address unmet needs (financial concerns). The researchers conclude that appraising whether life is worth living is malleable through intervention and that depressive symptoms are impacted by one’s attachment to life. *INTERNATIONAL JOURNAL OF GERIATRIC PSYCHIATRY*, APRIL 2017

## Scholarly Publications July 2016 – June 2017

(asterisk\* denotes lead author)

### AMA JOURNAL OF ETHICS

DECEMBER 2016

“Who Should Assess the Needs of and Care for a Dementia Patient’s Caregiver?”

LAURA GITLIN\* & COLLEAGUE

### AMERICAN JOURNAL OF PREVENTIVE MEDICINE

MAY 2017

“The Longitudinal Impact of an Internet Safety Decision Aid for Abused Women”

NANCY GLASS\*, GINGER HANSON, AMBER CLOUGH, JACQUELYN CAMPBELL & COLLEAGUES

### BMC PUBLIC HEALTH

NOVEMBER 2016

“Parents Working Together: Development and Feasibility Trial of a Workplace-Based Program for Parents that Incorporates General Parenting and Health Behaviour Messages”

DEBORAH GROSS & COLLEAGUES

### BMJ OPEN

MARCH 2017

“Adult and Adolescent Livestock Productive Asset Transfer Programmes to Improve Mental Health, Economic Stability and Family and Community Relationships in Rural South Kivu Province, Democratic Republic of Congo: a Protocol of a Randomised Controlled Trial”

ANJALEE KOHLI\*, NANCY GLASS & COLLEAGUES

### CLINICAL JOURNAL OF ONCOLOGY NURSING

JANUARY 2017

“Chemotherapy Safe Handling: Limiting Nursing Exposure with a Hazardous Drug Control Program”

RACHAEL CRICKMAN\* & DEBORAH FINNELL

### CONTEMPORARY NURSE

FEBRUARY 2017

“Sensitivity and Specificity of Urdu version of the PHQ-9 to Screen Depression in Patients with Coronary Artery Disease”

PATRICIA DAVIDSON & COLLEAGUES

### CRITICAL CARE MEDICINE

JANUARY 2017

“Guidelines for Family-Centered Care in the Neonatal, Pediatric, and Adult ICU”

SANDRA SWOBODA & COLLEAGUES

### THE GERONTOLOGIST

DECEMBER 2016

“Characteristics of Activities for Persons with Dementia at the Mild, Moderate, and Severe Stages”

NATALIE REGIER\*, LAURA GITLIN & COLLEAGUE

DECEMBER 2016

“The Baltimore HEARS Pilot Study: An Affordable, Accessible, Community-Delivered Hearing Care Intervention”

LAURA GITLIN, ELIZABETH TANNER, HAE-RA HAN, SARAH SZANTON & COLLEAGUES

### HEALTH CARE FOR WOMEN INTERNATIONAL

JUNE 2017

“Before the War We Had It All’: Family Planning Among Couples in a Post-conflict Setting”

NICOLE WARREN\*, CARMEN ALVAREZ, NANCY GLASS & COLLEAGUES

### INTERNATIONAL JOURNAL OF GERIATRIC PSYCHIATRY

MAY 2017

“Measuring Change in Perceived Well-Being of Family Caregivers: Validation of the Spanish Version of the Perceived Change Index (PCI-S) in Chilean Dementia Caregivers”

LAURA GITLIN & COLLEAGUES

APRIL 2017

“Valuation of Life as Outcome and Mediator of a Depression Intervention for Older African Americans: the Get Busy Get Better Trial”

LAURA GITLIN\*, JEANINE PARISI & COLLEAGUES

### INTERNATIONAL JOURNAL OF HEALTH POLICY AND MANAGEMENT

JANUARY 2017

“Clinician Perspectives of Barriers to Effective Implementation of a Rapid Response System in an Academic Health Centre: A Focus Group Study”

PATRICIA DAVIDSON & COLLEAGUES

### INTERNATIONAL PSYCHOGERIATRICS

OCTOBER 2017

“Background Characteristics and Treatment-related Factors Associated with Treatment Success or Failure in a Non-pharmacological Intervention for Dementia Caregivers”

LAURA GITLIN & COLLEAGUE

### JOURNAL OF ADVANCED NURSING

APRIL 2017

“Experiences of Violence and Abuse Among Internally Displaced Adolescent Girls Following a Natural Disaster”

ELIZABETH SLOAND\*, PHYLLIS SHARPS & COLLEAGUES

### JOURNAL OF THE AMERICAN HEART ASSOCIATION

NOVEMBER 2016

“Length of Residence in the United States Is Associated with a Higher Prevalence of Cardiometabolic Risk Factors in Immigrants: A Contemporary Analysis of the National Health Interview Survey”

YVONNE COMMODORE-MENSAH\* & COLLEAGUES

### JOURNAL OF CARDIOVASCULAR NURSING

FEBRUARY 2017

“Intention to Use mHealth in Older Adults with Heart Failure”

MAAN ISABELLA CAJITA\*, CHAKRA BUDHATHOKI, HAE-RA HAN & COLLEAGUE

SEPTEMBER/OCTOBER 2016

“Decision Making Among Persons Living with Heart Failure”

JIAYUN XU\*, MARTHA ABSHIRE & HAE-RA HAN

MARCH/APRIL 2017

“Quality and Health Literacy Demand of Online Heart Failure Information”

MAAN ISABELLA CAJITA\*, TAMAR RODNEY, JINGZHI XU, MELISSA HLADEK & HAE-RA HAN

### JOURNAL OF HEART AND LUNG TRANSPLANTATION

MARCH 2017

“Health Literacy in Heart Transplantation: Prevalence, Correlates and Associations with Health Behaviors—Findings from the international BRIGHT study”

MAAN ISABELLA CAJITA\* & COLLEAGUES

### JOURNAL OF HOLISTIC NURSING

APRIL 2017

“Evaluation of a Web-Based Holistic Stress Reduction Pilot Program Among Nurse-Midwives”

ERIN WRIGHT\*

### JOURNAL OF MIDWIFERY & WOMEN’S HEALTH

NOVEMBER 2016

“Racial Discrimination and Adverse Birth Outcomes: An Integrative Review”

KELLY BOWER, PHYLLIS SHARPS & COLLEAGUES

### JOURNAL OF OBSTETRIC, GYNECOLOGIC & NEONATAL NURSING

NOVEMBER-DECEMBER 2016

“Identifying Potentially Preventable Elements in Severe Adverse Maternal Events”

MARGARET-ROSE AGOSTINO\* & COLLEAGUES

### JOURNAL OF URBAN HEALTH

OCTOBER 2016

“Accelerated Health Declines among African Americans in the USA”

SARAH SZANTON & COLLEAGUES

### NATIONAL ASSOCIATION OF SOCIAL WORKERS

NOVEMBER 2016

“A Qualitative Study of Survival Strategies Used by Low-Income Black Women Who Experience Intimate Partner Violence”

BUSHRA SABRI, VANIA NWOKOLO, KAMILA ALEXANDER, JACQUELYN CAMPBELL & COLLEAGUE

### NURSE EDUCATOR

DECEMBER 2016

“Evaluation of an Intervention to Improve Clinical Nurse Educators’ Knowledge, Perceived Skills, and Confidence Related to Diversity”

NICOLE WARREN, DIANA BAPTISTE & COLLEAGUES

PUBLICATIONS CONTINUED ON NEXT PAGE



**PALLIATIVE CARE BETTER TOGETHER**

As populations age, the need for palliative care grows within emergency departments. Despite studies to enhance such care, few have incorporated Experience-based Co-design—an approach in which patients, family, and health care staff determine solutions together. In “Using Experience-based Co-design with Older Patients, Their Families and Staff to Improve Palliative Care Experiences in the Emergency Department: A reflective critique on the process and outcomes,” Rebecca Wright, PhD, BSC (HONS), RN, and colleagues find this can be useful for improving care. The study examined audio/video interviews with staff, patients, and families to discover common themes for improvement. Mostly, patients and families desired simple acts of care, like making eye contact, smiling, and offering supportive comments. They did not expect staff to know their full history, but families valued being seen and acknowledged as important to care. Initially, staff knew little of available services, and the palliative care team misinterpreted a lack of requests for a lack of need. The palliative care team implemented staff education, weekly walkthroughs, and a new referral form. The interviews, which highlighted the patient-family voice, became a key tool. *INTERNATIONAL JOURNAL OF NURSING STUDIES, JANUARY 2017*

**NURSING MANAGEMENT**

**AUGUST 2016**

“Safe Night-Shift Work”

VICKIE HUGHES\*

**NURSING OUTLOOK**

**SEPTEMBER-OCTOBER 2016**

“Toxic Stress: Urgent Action Needed to Reduce Exposure to Toxic Stress in Pregnant Women and Young Children”

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**PALLIATIVE MEDICINE**

**OCTOBER 2016**

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**JANUARY 2017**

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**MARCH 2017**

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GRACE HO\*, DEBORAH GROSS & AMIE BETTENCOURT

**SEMINARS IN ONCOLOGY NURSING**

**MAY 2017**

“Disparities in Cancer Screening Practices Among Minority and Underrepresented Populations”

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**TEACHING AND LEARNING IN NURSING**

**APRIL 2017**

“A CLEAR Approach for the Novice Simulation Facilitator”

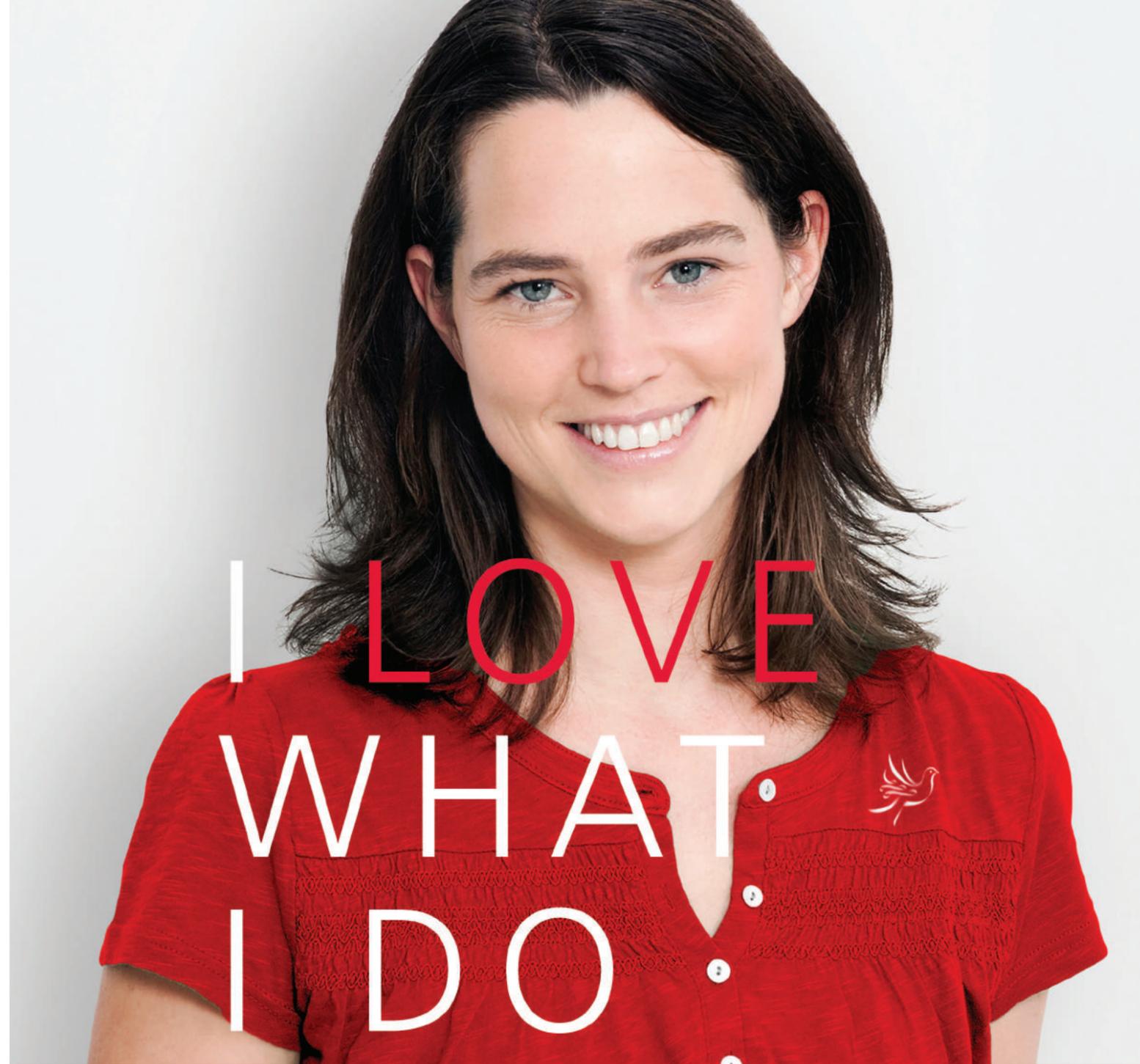
LAURA LUCAS, GAIL MONAGHAN, SANDRA SWOBODA & COLLEAGUE

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WHAT NURSES NEED TO KNOW

# THE MARCH TOWARD CALM: CARE DURING CIVIL UNREST

Civil unrest presents a daunting challenge for health care workers not completely unlike those faced in a natural disaster, report Associate Professor Tener Goodwin Veenema, PhD, MPH, MS, RN, FAAN, and several colleagues in the April-June 2017 issue of *Nursing Administration Quarterly*. Add in the social issues that have triggered the unrest—“above and beyond the issues of security, crisis communication, and alterations in practice necessary during a disaster”—and responders can quickly become overwhelmed.

Nurses can lead the way to calm, professional care, the authors write, if properly prepared:

Inequalities in society, culture, and finance have resulted in civil unrest, rioting, and intentional violence throughout our history. It is not the civil unrest itself, but the resulting rioting and intentional violence that can create a disaster situation. This increases the care burden of health care providers during times when the governmental structure may be overwhelmed or functioning in a less than optimal manner. Beginning with the death of Michael Brown, civil unrest over the last 2 years has necessitated a closer examination of the role nurse leaders play in preparing their staff and facilities for potential results of this civil unrest.

The similarities between the results of rioting and violence and natural disaster are obvious,

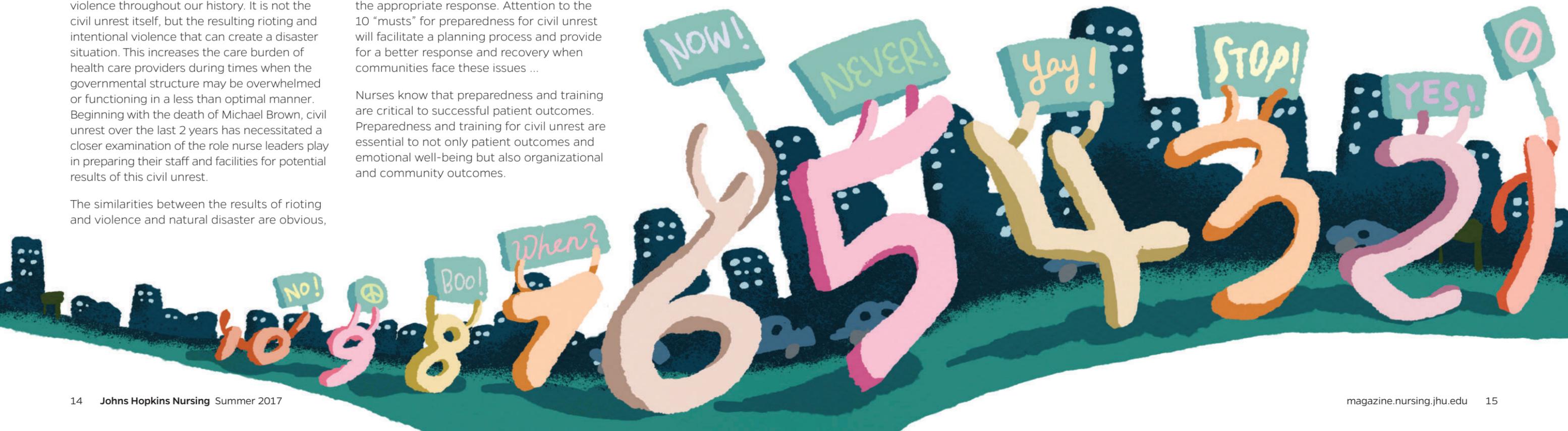
but the differences are significant. Without adequate preparation, providers may not offer the appropriate response. Attention to the 10 “musts” for preparedness for civil unrest will facilitate a planning process and provide for a better response and recovery when communities face these issues ...

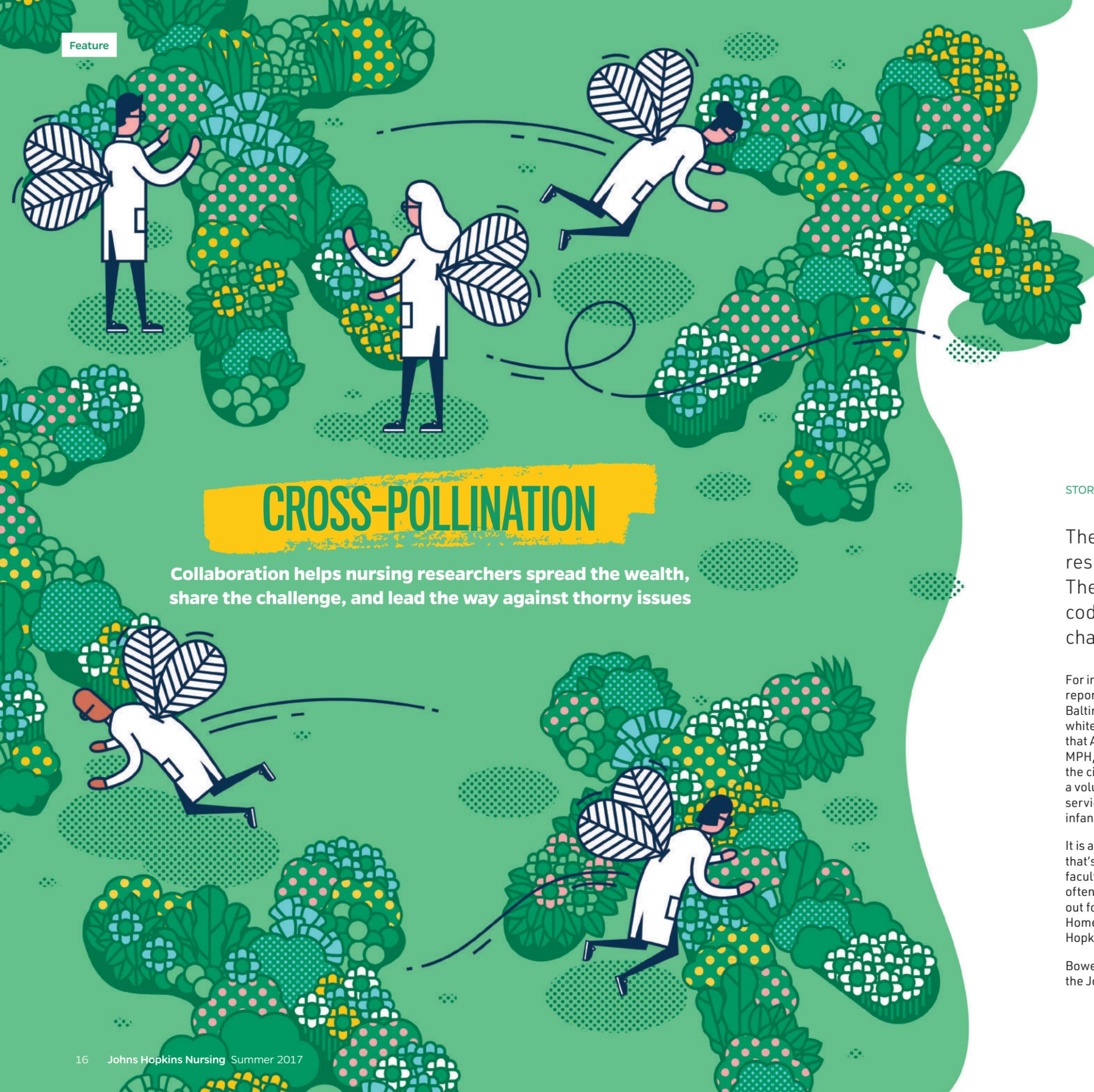
Nurses know that preparedness and training are critical to successful patient outcomes. Preparedness and training for civil unrest are essential to not only patient outcomes and emotional well-being but also organizational and community outcomes.

- 1 **Training of hospital security** in crowd control during riots.
- 2 **Identification of local leaders** to be trained for emergency management and as street medics.
- 3 **Inclusion of local leaders and students in drills** that teach how to stay safe during a riot.
- 4 **Establishment of a communication plan** for local leaders, street medics, and hospitals.
- 5 **Modeling of behavior by nurse leaders**, who manage the largest workforce in the hospital and are trusted members of the community. (It is essential that the nurse leaders model what they expect from other organizations.)
- 6 **Recognition of the intersection of complex issues** by nurse managers who can then intervene with staff when there is a lack of understanding.

Each issue, a member of the Johns Hopkins Nursing community will address a workplace or classroom concern in straightforward terms.

- 7 **Planning of an orderly triage** by enlisting the support of local and prominent community leaders.
- 8 **Planning for the use of mobile clinics** or provision of home visits during the crisis.
- 9 **Designing of hospital and community partnerships** to help heal young people impacted by violence with case management, mentorship, and evidence-based trauma interventions.
- 10 **Training of all nurses** in trauma informed care.





## CROSS-POLLINATION

Collaboration helps nursing researchers spread the wealth, share the challenge, and lead the way against thorny issues

STORY BY BRENNEN JENSEN | ILLUSTRATIONS BY HYLTON WARBURTON

The health challenges that Johns Hopkins School of Nursing researchers confront can be across oceans or across town. They can be in a different hemisphere or the school's own ZIP code. Baltimore's areas of poverty and disinvestment present challenging and deeply rooted health inequities close at hand.

For instance, the Baltimore Health Department reports that African-American babies in Baltimore die at more than twice the rate of white babies. It's a troubling statistic, and one that Assistant Professor Kelly Bower, PHD, MPH, RN, is too familiar with as a member of the city's Fetal-Infant Mortality Review Team, a volunteer collection of health and social service professionals that reviews fetal and infant deaths within the city.

It is also the sort of multi-pronged issue that's propelling School of Nursing (JHSON) faculty and researchers to more and more often seek a collaborative approach—reaching out for funding and help from across town in Homewood or across the street at the Johns Hopkins schools of Medicine and Public Health.

Bower recently received a \$10,000 grant from the Johns Hopkins Urban Health Institute to

create a community advisory board for B'More for Healthy Babies, a citywide initiative to improve health outcomes for mothers and for children under age 5. And the collaboration flows both ways.

"Working in partnership with the community to guide the initiative is a way to make sure that those who are receiving services are also helping to determine what services should be delivered and how they should be delivered," Bower says. "We've recruited 17 community members and we're meeting on a monthly basis, informing the work. We're hoping to do a power analysis where the community members identify places where systemic racism shows up in maternal and child health through their experiences in Baltimore City."

**BREADTH & DEPTH**

JHSON's Office for Science and Innovation and Sponsored Projects team partner with faculty, staff, and students to both encourage and facilitate the expansion of collaborative research projects, a growing phenomenon across the university with a direct effect on maximizing research dollars in many strategic areas.

"I think the way funding is going, it is really requiring that we enter professional collaborations," Bower says. "But I also think that interprofessional collaboration really results in better research. More minds, more perspectives—it increases your breadth and also your depth in understanding health issues and then being able to come up with really innovative and effective solutions to those issues."

Nurses and nursing researchers bring plenty to the table in any collaboration. "We're probably the only discipline that has approached patient care and research from a holistic perspective," explains Phyllis Sharps, PhD, RN, FAAN, professor and associate dean for community programs and initiatives. "And so we certainly understand diseases and the pathophysiology and physiology but we also understand environmental context and how the interactions between people and their families and their communities influence health and health outcomes. So as research is being put

together, I think this is what we introduce into other perspectives."

Sharps, whose extensive and ongoing collaborative research addresses intimate partner violence, points out the School of Nursing's deep roots in the community. JHSON established an on-site health clinic at House of Ruth, one of Baltimore's first crisis centers for victims of intimate partner violence, nearly 20 years ago. Numerous grants from the Urban Health Institute and others have expanded work there. More recently, such grants are introducing health programs at Henderson-Hopkins in East Baltimore, a K-8 school with the additional mission of whole-community health awareness.

"Nurses have always been at the table in terms of being the frontline workers with respect to delivering care in the community and addressing the needs of populations," Bower adds. "But I think now, in terms of research, public health nurses are making big contributions."

"I like to think of us as a little sister when we compare ourselves to [the schools of] Public Health and Medicine," Sharps adds. "But for a small school with a small faculty, we rank pretty high in the amount of NIH research funding we attract, and a lot of it is the spirit of collaboration we offer to research teams."

*On the next pages are three such collaborative projects.*

**HOPKINS NURSING ON THE HILL**

Assistant Professor Kamila Alexander, PhD, MPH, RN, represented the Johns Hopkins School of Nursing (JHSON) at the inaugural Hopkins on the Hill event on June 13. Researchers and practitioners from across the university presented innovative work to Washington DC decision makers to show the impact of federally funded research.

Alexander's work includes research into the risks of unplanned pregnancies and sexually transmitted infections in abusive dating and intimate relationships. It looks at consequences to mental, reproductive, and sexual health of poverty-related trauma and experiences of violence and explores the acceptability of pre-exposure prophylaxis (PrEP) as a potentially effective intervention to decrease HIV/AIDS risks.

In Washington, she shared a video showing what nurses here at JHSON are doing to improve the health and well-being of people across the nation and world.

VIEW THE VIDEO AT [MAGAZINE.NURSING.JHU.EDU/ONTHEHILL](https://magazine.nursing.jhu.edu/onthehill)



PHOTO BY CRAIG LEE

**PREP WORK**

**RESEARCHER:**  
ASSISTANT PROFESSOR KAMILA ALEXANDER,  
PHD, MPH, RN

**COLLABORATOR/FUNDER:**  
JOHNS HOPKINS POPULATION CENTER/EUNICE  
KENNEDY SHRIVER INSTITUTE OF CHILD HEALTH  
AND HUMAN DEVELOPMENT

*Women who experienced intimate partner violence are four times as likely to be infected with HIV as women in non-violent relationships.*

Centers for Disease Control

An antiviral drug, taken daily, can reduce the risk of HIV infection by more than 90 percent. Referred to as pre-exposure prophylaxis, or PrEP, it can be an essential health intervention for individuals at high risk for HIV exposure. Its usage is promoted within the gay community, with a particular emphasis on a high-risk group: young black men who have sex with other young black men.

"There's about the same number of young women at risk, but there's little outreach to them," explains Kamila Alexander. And she already knows they would be interested in PrEP, based on earlier surveys of young women in disadvantaged Baltimore neighborhoods, many of whom had experienced reproductive coercion or intimate partner violence.

"I got an overwhelming response," Alexander says. "About 77 percent of the young women said they would be interested [in PrEP]. And within that group, there were about 35 percent of the young women who reported some sort of intimate partner violence—a lot higher than the national average, which is about 25 percent."

Women in abusive relationships are at higher risk of HIV because they have less autonomy—they are less able to insist on condom use and are more likely to be forced or coerced into sex. It is also known that the majority of women in violent relationships have no immediate plans to leave. Alexander's study, "Feasibility of a Multi-Sector Collaboration to Increase Contraceptive Use and Initiate PrEP Uptake among IPV-Exposed Women," will start by interviewing reproductive health care providers and those who work to prevent intimate partner violence to determine



how they might collaborate to bring PrEP to at-risk women. Then, she will survey women who experience intimate partner violence about their safety strategies.

"A majority have found ways to maintain their safety, and we want determine what those strategies are to see if taking a pill every day could actually be part of them," Alexander says. "For instance, it might be that they could keep the pills at their workplace where their partner would not find them. We really don't want to just make it more available and give them a prescription if they're not going to be able to take it—if it's not going to fit into their lives."

## HELP AT HOME

RESEARCHER:  
KELLY BOWER

COLLABORATOR/FUNDER:  
CLINICAL RESEARCH SCHOLARS PROGRAM,  
JOHNS HOPKINS MEDICINE

*Among developed nations, the United States ranks 41st in maternal mortality, 29th in infant mortality, and 30th in preterm births.* UNICEF

Maternal home visitation programs are a fairly straightforward intervention. Nurses or other health care workers make periodic visits to the homes of low-income pregnant women to discuss prenatal care, the warning signs of an early birth or pregnancy complications, breastfeeding, parenting, and how to access health and social services in the community. Programs vary, but many continue until a child

turns 3. The Affordable Care Act allocated more than \$1.5 billion to fund the expansion of such programs. The reason is simple: They're proven to be beneficial.

"There is really strong evidence showing that home visiting not only improves birth outcomes, but also improves economic and household outcomes for moms and their children," Bower says. "They reduce child abuse and neglect and improve mom's financial stability moving forward."

Still, the free service is too often declined. Bower acknowledges that it is a pretty intimate act—a woman or a family opening doors to an outsider. Her research is looking at the role traumatic experiences in a woman's past may play in a decision whether to accept such home visits.

"My hypothesis is that if a mom experienced some sort of trauma growing up that it may impact her attachment style and her trust of relationships," Bower says. "This may influence her willingness to engage in a supportive relationship where you let somebody come into the home and visit on a regular basis."

Bower will survey women who have accepted visitations as well as those who have declined, asking why they made their choices and inquiring about adverse childhood experiences and trauma. If there appears to be a correlation, the next step will be to explore new and different ways of communicating with expectant mothers.

"We would start thinking about innovative ways of reaching out to women that would be more sensitive and trauma-informed," Bower says.



## STRESS TEST

RESEARCHER:  
ANDREA CIMINO, PHD, MSW

COLLABORATOR/FUNDER:  
JHU CENTER FOR AIDS RESEARCH

*Baltimore began the decade with a 68 percent increase in reported rapes.*

Maryland Coalition Against Sexual Assault

JHSON Faculty Research Associate Andrea Cimino is interested in the dynamics of extended stress in low-income African-American women for an important reason: "Women experiencing cumulative violence have a blunted cortisol response, which may actually make them more susceptible to HIV," she says. "So when your immune system isn't working right, it can't fight off infection."

Adding urgency, Baltimore is one among the top 10 HIV-impacted areas in the country, and among women, African Americans have the most HIV-related deaths.

The body has a glandular response to stress that can be measured by examining the levels of certain hormones with pro- and anti-inflammatory properties, such as cortisol, known colloquially as the "stress hormone." This spring, Cimino launched her study, "Understanding the Effect of Immunomodulatory Mediators on Systemic Inflammation Among African American Women at Risk for HIV and Exposed to Intimate Partner Violence."

"We'll be looking at how violence exposure is correlated with pro- and anti-inflammatory responses and we'll control for built and social environmental effects to see if maybe one of those drives the physiological components over the others," she explains.

The study is essentially a subset of the larger, ongoing Essence Project launched by Professor Jacquelyn Campbell, PhD, RN, FAAN, and former JHSON post-doctoral fellow Jamila Stockman, PhD, MPH (now an associate professor at the University of California, San Diego). In Baltimore, Essence assembled a cohort of 400 HIV-negative African-American women at increased risk for contracting the virus. All have been extensively surveyed about life experiences and whether they have suffered intimate partner violence. As part of the study, the women are taught to collect and submit multiple saliva samples to be analyzed for hormone levels.

"What I'm really interested in is this notion of resilience—when you are exposed to some sort of adversity and are overcoming it or are even becoming better and stronger," Cimino says. "So what I am trying to do here is to look at physiological or biological mediators that could indicate that some women are more resilient to violence." ■

**"When your immune system isn't working right, it can't fight off infection."** ANDREA CIMINO





# HOPKINS NURSE

News from the **Johns Hopkins Hospital & Affiliates**

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Kenyan nurse-midwife's "holiday"

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BEFITTING A LEGEND: BIOGRAPHY  
PRESENTS CLARA NOYES AS A FORCE  
OF NATURE (FLAWS AND ALL)

ILLUSTRATION BY HYLTON WARBURTON



## Ready to Roll

By Ashley Festa

Rare ECMO transports require critical thinking, on the go and under pressure

When Philomena Costabile, RN, is bouncing down the road in the back of an ambulance with a child whose entire blood volume is circulating outside the body, she stays calm by focusing on the worst-case scenario.

These are life-or-death transports for children on extracorporeal membrane oxygenation (ECMO), a heart-lung bypass system for kids with heart failure in which all the blood is pumped outside the body and then circulated back in. Children on ECMO may need a heart or lung transplant, or they may have a heart infection as a result of pneumonia, for example. “We must be acutely aware that we’re prepared for anything that can happen,” explains Costabile, assistant nurse manager for the pediatric critical care transport team. “After assessing the situation, we think about the worst thing that could happen and how to prevent it.”

The ride can be a treacherous one. With the large and cumbersome ECMO pump, IVs, breathing tubes, and other equipment, there isn’t much room left in the ambulance for the health care team, limited to one paramedic, one attending physician, one nurse, and one respiratory therapist. “The thing that’s really stressful about transport is that you’re in an environment that’s not your hospital,” says Costabile, a 1996

graduate of the Johns Hopkins School of Nursing. “You can’t call for backup; you have to do it yourself.”

Such transports are rare. Costabile can count on one hand the number of calls she’s had for pediatric ECMO transport in the past six years, when Johns Hopkins began offering the service. So far, the farthest ECMO transport has been about 100 miles, approximately two hours by ambulance.

The low volume of cases means fewer real-life opportunities for Costabile and her multidisciplinary team to keep their skills sharp, making practice sessions that much more vital. Twice a year, members of the transport team come together for an ECMO in Transport education day, partnering with the Hopkins’ simulation center to practice their carefully choreographed collaboration.

“You’re taking care of the most critical children in a non-hospital setting, and everybody has to have the same mental model: What is happening? What’s my job? How are we going to do this together?” Costabile says. “Everyone can give their opinion because the emphasis is on communication and group dynamics ... everyone brings a specialty skill.”

Though Costabile has been the only nurse on the Johns Hopkins team to take part in a live ECMO transport, that’s just a coincidence. All pediatric critical transport nurses and other caregivers prepare for the call.

“Being a transport nurse can be the most frightening thing in the world,” Costabile says. “The reason I continue to do it and dedicate myself to making this program pristine is that it changes so many lives in the community. That’s what nursing is, right?” ■



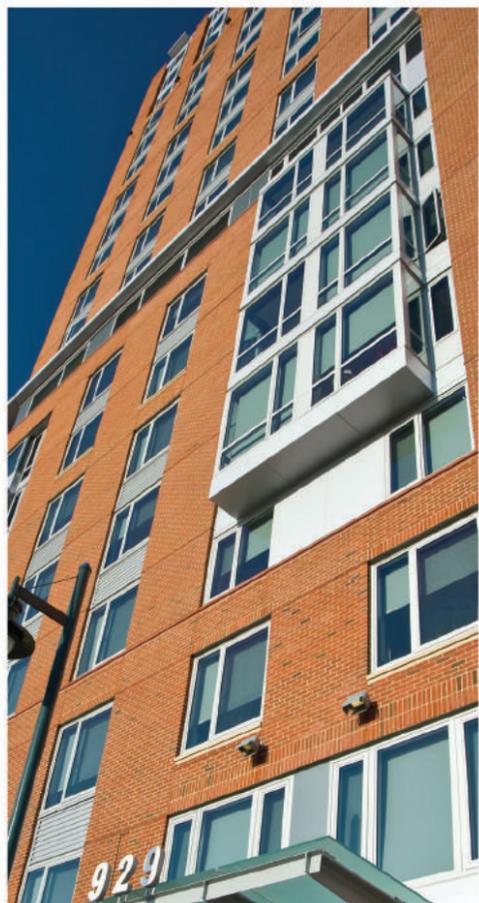
Everyone can give their opinion because the emphasis is on communication and group dynamics ... everyone brings a specialty skill.”

— Philomena Costabile, RN

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JHPIEGO

## Eight Days, 15 Babies

By Alisha Horowitz

A Kenyan 'holiday' one nurse will never forget

Nurse-midwife Rosemary Kamunya had no idea what was in store for her when she went on holiday with her children and grandchildren to her hometown of Nyeri in Kenya's Central Highlands. The doctors had gone on strike. To Kamunya's surprise, a midwife from a private maternity called her at midnight the very day she arrived to ask for help. A woman was suffering from postpartum hemorrhage. Kamunya immediately went to lend a hand.

When she arrived at the 20-bed maternity center, Kamunya found that the woman in labor had retained products of conception, placental or membrane tissue remaining in the uterus following delivery, which pose an increased risk of bleeding and infection. Kamunya knew exactly what to do. She removed the tissue, gave the woman a second dose of oxytocin, a drug that helps the uterus contract, massaged the uterus, and settled the woman and her baby. Little did she know that her work had just begun. Kamunya would spend most of the next eight days at the center.

While she was saving the first mother's life, three more women in various stages of labor arrived. Kamunya never went back to bed that night. She delivered all three babies. Kamunya finally returned home to sleep that morning, only to be roused by the afternoon with another urgent plea. Kamunya heeded the call.

Rosemary Kamunya delivered babies as well as valuable lessons on midwifery.



The next day, Kamunya assisted the midwives with antenatal care visits and more deliveries. She then managed to get away to enjoy some time with her family. But she was back the next day to help a woman in labor with poor progress: "She was already 9 to 10 centimeters dilated and a bit dehydrated. I gave her fluids and in less than 30 minutes she had a normal delivery of a healthy baby."

Over the eight days, Kamunya would deliver 15 babies in all. She didn't stop there, though. Kamunya, who is a senior training adviser in Kenya for Jhpiego, an affiliate of Johns Hopkins University, saw her opportunity for a teachable moment—a series of them.

Kamunya updated the midwives on management of postpartum hemorrhage, manual removal of the placenta, clinical decision making based on data recorded on the partograph (a graphical presentation of the progress of labor), and insertion of postpartum IUDs and implants. "They are trying to save the lives of women and their children irrespective of the challenges they face. The midwives are very committed and I would say champions," she explains.

Kamunya took her interrupted holiday in stride, saying, "I was very happy to practice what I teach in my day-to-day work." ■

Photos courtesy of Jhpiego

# A Force of Nature

By Stephanie Shapiro

Descendant of legendary Clara D. Noyes shares a proud, honest biography

When Roger Noyes first acquired the desk that had belonged to his great-great-aunt Clara Noyes (Class of 1896), he gave little thought to her life. He tucked a brief biography of Noyes, a visionary nurse leader in the American Red Cross, inside the desk and let it go at that.

Three years later, though, the desk—and its long-ago owner—had gained profound significance for Noyes. By then, he was spokesperson for the Home Care Association of New York State, which represents home care provider organizations. The desk, tucked into a kitchen nook under a stained-glass window, prompted Noyes to ask himself: “Did Clara have any relationship to what I am doing?”

From the desk she once owned, Roger Noyes tells the legendary if imperfect story of great-great aunt Clara Noyes.

That question and a flurry of others spurred Noyes to dig into the Alan Mason Chesney Medical Archives at Johns Hopkins, American Red Cross records, and the prodigious store of writing that Clara Noyes left behind. After years of research and writing in his spare time, Noyes has produced *Clara D. Noyes: Life of a Global Nursing Leader*. His book chronicles Noyes

as she quickly ascended nursing leadership ranks, raised education standards for nursing schools, and oversaw the deployment of 20,000 nurses to Europe during World War I as an American Red Cross official.

In the biography, Noyes, one of nine siblings, emerges as a fiercely independent woman whose devotion to nursing dominated her life. Noyes did not marry, owned her own home, and drove a car; endeavors that courted controversy in the early 19th century. In her tireless advocacy, Noyes was also an inadvertent feminist whose campaigns for quality nursing programs, patient safety, and according rank to Red Cross nurses led her to support women’s suffrage and political activism.

Roger Noyes does not shy away from his subject’s flaws. Clara Noyes had an abrasive, top-down management style and avoided the question of whether African-American women should become part of the general nursing workforce. It was important to explore “issues of race and personality and it was important to not make excuses, but let the words speak for themselves,” the author says.

As he became better acquainted with his great-great-aunt’s work, Noyes did discover “loose parallels” with his own that he notes in the biography. “She advocated for the idea of training home care nurses to become midwives, so the public health vision for home care nursing was on her radar,” he says. Each Noyes had to respond to natural disasters as well. For Roger Noyes, it was Hurricane Sandy, which

“She advocated for the idea of training home care nurses to become midwives, so the public health vision for home care nursing was on her radar.”

— Roger Noyes



FROM THE ARCHIVES

## This Way Forward: Clara Noyes (1869-1936)

“We need a strong woman in Washington! There is too much at stake now to take any chances.”

With that plea, from its founder Jane Delano in 1916, Clara Dutton Noyes (Class of 1896) was called to the American Red Cross Nursing Service, faced immediately with the enormous task of preparing nurses for service in World War I. The truer challenge, perhaps, would have been trying to stop the cool-minded, fastidious Noyes from succeeding.

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pushed home care workers into overdrive in 2012. Clara Noyes led the American Red Cross response to a flood that devastated Mississippi in 1927. On a more personal level, Roger says with a laugh that he shares her tendency toward “indignant outrage” when others don’t share his opinions.

Until his biography appeared, Clara Noyes’s legacy had taken a back seat to her father’s in family lore, her great-great-nephew says. (Enoch Noyes fought with the Union Army in the Civil War.) From now on, Clara will figure more prominently. “I’m expecting a son in late July,” Roger Noyes says. “I plan to tell him her story and have him learn about her.” ■



# VIGILANDO

News from the **Johns Hopkins Nurses' Alumni Association**

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## TOOLS TO MAKE A DIFFERENCE

Development leadership role offers Akudo Anyanwu another chance at "building stuff"

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Alumni check-in

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Tribute to Martha; meeting a scholar

P. 31 ALUMNI WEEKEND  
Save the date

THE MOTTO "VIGILANDO," INSCRIBED ON THE ALUMNI PIN, IS LATIN FOR "FOREVER WATCHFUL."

## Alumni Update

Susan Kulik, DNP '12, MSN/MBA '06, BSN '86



### Dear Alumni,

I hope everyone is enjoying the summer and all the activities of the season. I had the opportunity to attend the May graduation of the first MSN: Master's Entry into Nursing Practice cohort and welcome its members to our alumni association. As new graduates, they join active alumni who continue to advance the Johns Hopkins Nursing legacy across the nation and the world.

The alumni board and volunteer alumni have participated in various student panels. Most recently, we facilitated mock interviews for graduating students to assist them in preparing for job interviews. Students were very grateful for the alumni participation and for the practice and feedback opportunity.

We welcome Akudo Anyanwu, MD, MPH, as the new Associate Dean of Development and Alumni Relations for the School of Nursing. Akudo brings more than 15 years of leadership experience in fundraising and global health programming, resource mobilization,

and advocacy to her new role. (You can find a profile of the new associate dean on Page 30.)

I am very excited for our upcoming Alumni Reunion Weekend and the celebration for the 50th-year Class of 1967. The planning is in full swing and it no doubt will be a very special celebration indeed! Get ready to reconnect with classmates and faculty, attend special programs and events, and of course make new memories.

We encourage you to stay connected with other nursing alumni, current and former nursing faculty, and current students. Increase your involvement in our nursing community by participating in your class reunion, organizing an alumni event in your city, and by giving financially. There are many ways to remain engaged with Johns Hopkins Nursing. For more information, contact Megan Barrett, director of student affairs, at 410-955-7549 or by email at mbarrett@jhu.edu. ■

### GET OUR E-NEWSLETTERS

Stay in touch with the School of Nursing! Update your email address now to receive the quarterly Alumni E-newsletter and annual Dean's Update. Send a message to [JHNAA@jhu.edu](mailto:JHNAA@jhu.edu).

## CLASS NEWS

**1972** **Maureen McDonald** retired in June after a long career as a clinical nurse specialist and assistant professor at Seattle University. Although **Maureen Kane Parkurst** has retired, she maintains an active lifestyle while attending book club meetings, volunteering with the food pantry, and serving as a nurse volunteer with Howard County General Hospital, an affiliate of Johns Hopkins Hospital.

**1947** **Clare M. O'Boyle** served as director of nursing education from 1985-1990 at the St. Francis Hospital School of Nursing in Evanston, IL. Since retiring, Clare takes several cruises per year and pursues local cultural interests in Palm Beach, FL.

**1997** **Michael Frakes**, director of clinical care and organizational quality at Boston MedFlight, welcomed his first child, Charles, in February.

**2002** **Jeanette Armor Slimmer** is working as a nurse for the Gettysburg Area School District. She serves as a board member of the Adams County Children's Advocacy Center and the Pennsylvania Association of School Nurses and Practitioners and is a member of the local Heroin Task Force. Jeanette won the Pennsylvania Regional School Nurse Excellence Award in 2016.

**2005** **JoAnn A. Ioannou** (DNP '09, MSN '05) graduated this spring



Martha Hill with members of the Class of 1964.

PHOTO BY WILL KIRK

from the Academy GE Nurse Fellowship Program and was celebrated with six classmates at the spring Chief Nursing Officer Forum in Washington, DC. JoAnn, a member of the Johns Hopkins School of Nursing's National Advisory Board, is currently senior vice president for patient care services and chief nursing officer at Greater Baltimore Medical Center.

**2007** **Rachel Walker** (PhD '13, BSN '07) is developing technology and support for cancer survivors and older adults who manage chronic illness, particularly those impacted by health disparities. She is currently a tenure-track professor at the College of Nursing & Center for Personalized Health Monitoring at the University of Massachusetts-Amherst.

**2012** **Gina Colaizzo**, pediatric nurse practitioner at Shriners Hospital for Children, is a writer and illustrator of children's books—including *How to Be a Winner for Dinner*—that combine art and science to promote healthy lifestyles.

**2013** **Elizabeth (Liz) Lamme** went on to pursue a master's degree in midwifery and women's health from Georgetown University. She works for the midwifery practice at Medstar Washington Hospital Center, serves on the Washington DC Board of Nursing, and is an active member of the DC Affiliate of the American College of Nurse-Midwives. ■

### JOHNS HOPKINS IN MEMORIAM

Ruth Smith Williams '42

Mary Naomi Kuntz '43

Ethel Rainey Ward '47

Elizabeth "Betty" Stehly Cantrell '51

Lena Brown Aleksandrowicz '64



Betty Cantrell pictured in Hurd Hall as part of her 65th reunion weekend in September 2016.

## The Tools to Make a Difference

Development leadership role offers Akudo Anyanwu another chance at “building stuff”

New Associate Dean of Development and Alumni Relations Akudo Anyanwu, MD, MPH, likes to look a challenge in the face. She is here to make a difference, digging into the school's \$45 million building project and widening global vision with equal fervor.

“My passion and my purpose have been institution building—the common thread has always been building stuff,” she says. Her global bona fides are unquestioned, beginning with a determination to address global disparities in HIV care. Near the turn of the millennium, an epidemic largely contained in the Western world was still raging unchecked in parts of Africa. “Whole villages were being eaten to the core, like an apple,” she remembers. Drugs had been developed that would turn HIV into a chronic disease vs. a death sentence. Lacking were the money and the will to send them to impoverished nations. Anyanwu grabbed her toolbox.

From 2003 through 2007, she worked at the Earth Institute at Columbia University, starting as a policy adviser to the Global Fund and then as a Country Director building partnerships to support the Global Fund in various developing countries. Anyanwu then served as the executive director of the Friends of the Global Fund Africa, raising almost \$600 million for HIV, malaria, and tuberculosis treatment for developing countries. She also promoted global health policies while fighting stigma and discrimination against people living with HIV and serving on the boards of Rollback Malaria, the Global Health Council, and AIDS Healthcare Foundation. Since 2014, she served as director of strategic partnerships and development for four global health institutions at Emory University.

Anyanwu, a Philadelphia native, is the daughter of Nigerian educators who impressed upon her the importance of hard work, education, and service.

“I just look at the impact that this school can have on the world ... that is significant scale-up in my eyes.”

— Akudo Anyanwu, MD, MPH



PHOTO BY CHRIS HARTLOVE

The winner of Harvard University's 2013 Public Health Innovator Award, Anyanwu has also been recognized with the STEVIE gold award for female entrepreneurs, the Women's Social Leadership Award, and the World Economic Forum's Young Global Leaders Award.

She expects to have an impact at the Johns Hopkins School of Nursing, and then some. What's already been built here puts her that much farther ahead in what Anyanwu, who earned her MD at Tufts University and her MPH at Harvard, hopes to accomplish. “I just look at the impact that this school can have on the world ... that is significant scale-up in my eyes. Nurses are the underpinning of any health care system. Johns Hopkins is training the leaders in nursing who will improve health systems.” ■



## Church Notes

By Deb Corteggiano Kennedy, '73



PHOTO BY WILL KIRK

### Tribute to Martha Hill

A dear friend and supporter to the Church Home Alumni since 2003, Martha Hill has retired from the Johns Hopkins School of Nursing. It was her warmth and vision that allowed us to “secure a future for our past.” A poem written for her was presented at the celebration (above, she is embraced by alumna Cynthia Carbo). Go to the CHH Facebook page to enjoy the tribute.

### 2016-2017 Creutzburg Scholarship Recipient

I had the distinct pleasure of meeting the 2016-2017 Freda Creutzburg Memorial

Scholar, Elizabeth Kelman. Ms. Kelman has already earned a BS from the University of Vermont and hopes to spend her nursing career in public health. The scholarship award was \$11,196.

### Reunion Weekend Begins October 5

Reunion Weekend is fast approaching. The class of '67, with the help of Carolyn Massimore Crutchfield, has reported that at least 16 class members plan to attend and mark this Golden Celebration. There will also be a special recognition for three members of the Class of '42 celebrating their Diamond 75th Jubilee. Look for invitations in early August. ■

## CHURCH HOME IN MEMORIAM

- Sara Wilson Holden '41
- Vivian Doub Jackson '42
- Mary Ann Small Hohenberger '58
- Margaret Anne Paxton '73

**Correction:** Apologies to Patricia Connor Holt, '71, who was mistakenly listed as one of the deceased alumni in the last issue. Ms. Holt had sent in information on another alumnus and was put on the list with the name she submitted. Pat is alive and well and living in Goose Creek, SC.



## ALUMNI WEEKEND SAVE THE DATE OCTOBER 5-8, 2017

The weekend kicks off with Happy Hour at Bond Street Social and continues with opportunities to see the school, tour the hospital, give back to the East Baltimore Community and enjoy time with your classmates, School of Nursing students, faculty, and the Dean.

FOR MORE DETAILS, GO TO [NURSING.JHU.EDU/ALUMNIWEEKEND](http://NURSING.JHU.EDU/ALUMNIWEEKEND)

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\*University Trustee Emeritus



**Happy Trails:** May 2017 Master's Entry into Nursing Practice graduates celebrates Red Nose Day, a fundraiser that supports needy children locally and globally, by purchasing enough rubber noses for the whole class. At front, Program Director Kathleen White, Dean Emerita Martha Hill, Dean Patricia Davidson, and Executive Vice Dean Marie Nolan join the fun.

**Johns Hopkins School of Nursing**

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